



Hilltop Jr./Sr. High School

Telephone: 780.778.2446 Fax 780.778.8818

Check out our website at: hilltophigh.ca

Principal: Mr. Egbert Stang Email: egbert.stang@ngps.ca

VOLUME 7, ISSUE 5



February 2016 Newsletter

“A great place to LEARN...and more!”



~ Inside this Issue ~

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Message from the Administration

January has quickly come and gone and it is hard to believe we are in the second semester already. As we begin the second semester I want to stress the importance of students staying on top of their studies. Completing assignments on time, reviewing notes and lessons regularly, is vital for each student's success. Use your FLEX time effectively to go over material that you may be having difficulty with and don't wait until the last minute to study for exams. Student success can be greatly increased by doing regular homework studies and review. We encourage parents to support your child's success by helping them set homework and study time aside. Although our students are in high school and responsibility of their own studies is expected, your reminders and guidance does have a major impact on your child's success.

At this time of year, we ask that all parents please complete the Accountability Survey. The Accountability survey, OurSchool, previously known as "Tell Them From Me" will be sent to all parents in the mail. Students will also have the opportunity to take the OurSchool survey and share their voice. These surveys provide the school with important feedback that is imperative in the development of our School Improvement Plan.

Egbert Stang
Principal



Important Dates

- 1 ~Report Cards and Semester 2 Begins
- 4 & 5 ~Teachers Convention ~ No School
- 10 ~Grad Photo Retakes
- 11 ~Team Photos
- 12 ~Grad Winter Formal
- 14 ~Valentines Day
- 15 ~Family Day-No School
- 17 ~FOH Meeting
- 24 ~Awards Ceremony and Pink Shirt Day
- 25 ~Grad Senior Supper
- 25~ Student Forum

Bell Schedule

9:00 AM	Warning Bell
9:05 AM	Block 1
10:12 AM	Break
10:15 AM	Block 2
11:22 AM	Break
11:25 AM	Block 3
12:31 PM	Lunch Break
1:11 PM	Warning Bell
1:15 PM	Block 4
2:21 PM	Break
2:24 PM	Block 5
3:30 PM	Dismiss



Student Art



Does the school have your child's current contact information? Please contact the school to verify if you have concerns @ 780.778.2446.





February 1

Semester 2 classes begin !

Report cards issued !

NO SCHOOL

February 4th & 5th
Teachers Convention

February 15th
Family Day

February 14

Remember that special someone this Valentine's Day!

Happy Valentine's Day

February 24

Awards Ceremony

2:24pm

February 24

Wear your pink shirt, wristband or pin and show your support! Take a stand against bullying!

Thank You Dane Landman from Millar Western for your support with Hilltop Welding Program!

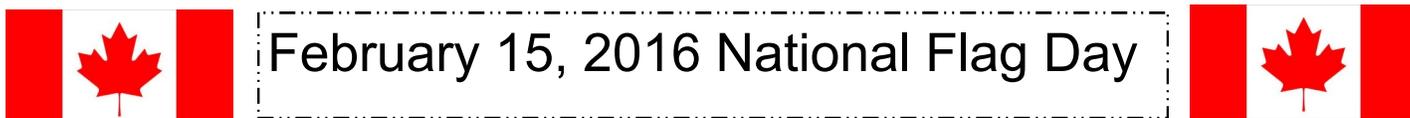
If your business is interested in supporting Hilltop trades programs please contact Lesia Hleck at 780-778-2446.

Thank you to Evan Johnson for your informative presentation to our Hilltop students explaining their options for careers in Health Sciences and Medical School .

Thank You Dairy Queen for supporting the DQ Classic Basketball Tournament since 1990!

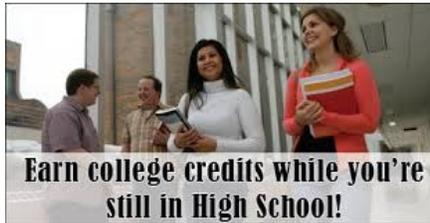
Grade 9 Foods class welcomed special guest Jacqui Currie from Alberta Health Services to demonstrate how to make healthy options low in fat and big on taste.

Congratulations to Jesse Peters on your successful completion of Year 2 of the Power Engineering 4th Class program through Careers: The Next Generation. What a fantastic accomplishment for one of our very own Hilltop High School Students!





Northern Gateway
Public Schools



GPRC

Grande Prairie Regional College is offering some exciting new opportunities for Dual Credit with our Hilltop students and Northern Gateway Public Schools. What is Dual Credit? Dual Credit allows high school students the opportunity to participate in college courses while in high school, earning both high school and college credits at the same time. Students outside of Grande Prairie can take classes through conference calls directly from school, as well as certain supervised online courses. With the Dual Credit program students can get a head start on their post-secondary education. GPRC offers support with the transition and assistance to students in reaching their goals while testing out which programs are of most interest to them. GPRC offers a variety of courses for the Dual Credit program, such as, Psychology, Physical Education, Office and Business Administration, Safety Certificates, Early Learning and Childcare and various Trade opportunities, to name a few. The program continues to grow and will be offering even more exciting options for students such as Veterinarian Medical Technology in the near future. Students or parents interested in the Dual Credit program with GPRC can approach Lesia Hleck at 780 778 2446 to see if they meet the necessary requirements before registering. We encourage our students to consider taking advantage of this fantastic opportunity.

The Town of Whitecourt and Woodlands County are pleased to be bringing in guest speaker **Dr. Mark DeVolder** to the Whitecourt Economic Forum, with a special presentation here at Hilltop on **March 2, 2016**. Dr. DeVolder will be tailoring his presentation for our high school students, focusing on being an original thinker, how to be bold, flexible and innovative in the face of change as they transition into adulthood. Dr. DeVolder is known for cutting edge content, valuable take-aways, entertaining audience interaction, all illustrated by unstoppable humour and memorable stories. He has over 19 years experience in education and research and brings extensive knowledge and understanding about human characteristics to each presentation. We are thrilled to have Dr. DeVolder joining us!



Welcome to Hilltop High School!

Hilltop High School would like to extend a warm welcome to two new staff members! Mr. Aaron MacDougall and Ms. Catherine Valiquette.

Mr. MacDougall, an avid hockey and boxing fan, is currently filling in for Mr. Scott while he is away on leave. He will be teaching Construction, Wildlife, Outdoor Ed, Electro-tech and Science 14. Mr. MacDougall is a former Hilltop student himself, graduating in 2008. He then went on to study at the U of A where he majored in Physical Education and minored in Social Studies. Welcome "back" to Hilltop Mr. MacDougall!

Ms. Valiquette will be teaching full time here at Hilltop in Science 24, Math 30-3 and Physical Education. Welcome to Hilltop, we are thrilled to have you!



Math 20-3 Cribbage Field Trip to the Whitecourt Senior’s Circle

“Collect the consent forms and book the bus!” was the most welcome news and excellent advice I was given when I approached Assistant Principal Hleck on my students’ idea to take our Math 20-3 class on a field trip to the Whitecourt Senior’s Circle to learn how to play cribbage as part of the process of meeting one of our learning outcomes. The 10% Project idea, meant to engage with the community and learn how to play crib from more seasoned players, was student generated and a perfect culminating activity to an already phenomenal semester. As part of their project, students practiced counting their hands, made rules sheets, and played against each other all prior to the big day. Finally, after a long sleepless night filled with anticipation and butterflies, on Tuesday, January 19, 15 students, Mrs. Cartwright, and I were welcomed into the loving care and attention of 16 seniors in our community. Students learned how to play as pairs, groups of three, and as doubles where my partner and I won two amazing games with masterful pegging and loaded cribs. Many a game was won and lost, coffee was topped up, cookies and muffins were enjoyed by all, and my heart was filled with happiness as I watched my students laugh and engage in thoughtful conversation and meaningful learning. Thank you to Mr. Schlosser’s students for taking our class picture, Mrs. Walsh for the pictures we put in our cards, Ms. Cartwright for driving us down, Mr. Mireau for picking us up, and Ms. Hleck for your encouragement and support. A big thank you to my EA, Mrs. Cartwright, for your thoughtfulness and support all semester (especially your baking) and to my wonderful Math 20-3 students, I am so thankful for our day together and I will miss you all next term. This field trip reinforced the importance of practicing mathematics for life and how engaging in critical thinking can happen in the most unassuming ways.

Well done class!

Mrs. Woodford @MathWithWoody



ENCOUNTERS
WITH CANADA



Encounters with Canada, is our country’s largest youth forum. It provides students aged 14 to 17 years the opportunity to visit Ottawa to participate in themed weeks, to discover Canada and to explore various career pathways. More than 98,000 youth have already lived the “EWC Experience.” Several of our Hilltop students applied and qualified to experience some of these amazing opportunities through Encounters with Canada. Recently two students

Christopher Twach and **Brooklyn Parker** from Hilltop were honoured to travel across Canada to Ottawa with 150 other students from across the country to study Science and Technology.

They experienced numerous Science and Technology theme related workshops, listened to guest speakers, toured the Parliament Building and the Governor Generals house. They also spent some time on a local farm studying specialized breeding in cattle, and were even able to take in an Ottawa Senators hockey game. What an incredible opportunity for these students who say the best bonus of the trip was the people they met and the lifelong friendships they made.

Both Brooklyn and Christopher said it was an indescribable and unforgettable experience!



The Hilltop Bistro

Thanks to everyone who has supported the Bistro. We love providing variety, nutrition, and flavor at affordable prices. Please feel free to give suggestions to me for things you would like to see, or specials. It's for the students, so keeping everyone happy is important. As far as volunteers... always in need. So please contact myself or Ms. Hleck if anyone is interested. Cooking is my passion, I am grateful to be able to share it with Hilltop.

Thanks
Chef Mercer



Passport Photos

Now available in the Media Lab



\$ 15.00 each

Appointments are available Monday to Friday between 9 am and noon.

Call or text 789-268-3375 to book.

CORRECTION from December/January Newsletter:

The QSP Magazine Fundraiser has wrapped up for another year. Thank you to everyone who purchased magazines, we appreciate your support. In total 231 subscriptions were sold by 44 students!

\$190.00 was won in chocolate picks and the Grand Prize Winner for a brand new set of headphones was won by **Tanisha Gano** in Grade 9! Way to go Tanisha!



**Find us on Twitter
@ngpsht**



Thank You Student Council for the school wide Pancake Breakfast in December!



**Student Forum
February 25**

If you are going to be late or absent for any reason, please have your parent or guardian call the school at 780.778.2446.

Please use our answering machine if you need to call before school hours.

Students who are late or absent and do not have a parent call are expected to serve a 15 minute detention. After, three such detentions have been acquired without being served, students will serve a half day in-school suspension.



Hilltop High School would like to request that all students leave any valuables at home. We also, encourage all students to keep their combinations for their hall & gym lockers confidential.

KNOW THE WHMIS 2015 SYMBOLS

Biohazardous Infectious materials <small>For organisms or toxins that can cause disease in people or animals</small>			
<small>Harmful or fatal, even in small quantities</small>	<small>May cause fire or enhance the combustion of other materials</small>		
<small>Flammable Catches fire spontaneously if exposed to air or water</small>	<small>Health Hazard May cause allergic reaction, cancer, birth defects, damage organs or harm fertility or unborn children</small>	<small>Harmful to environment and/or aquatic life with long-lasting effects</small>	
<small>Harmful to skin, eyes, or respiratory system, fatal in large quantities</small>	<small>Gas under pressure may explode if heated, punctured or dropped</small>	<small>Causes severe skin burns and eye damage maybe corrosive to metal</small>	<small>Explosion Hazard Risk due to fire, shock, friction, heat or puncture</small>

To All Parents of Hilltop Students From Friends of Hilltop Parent Council

February brings the second semester to Hilltop High School! Parents if you haven't already – sign up for the Parent Portal through Power School; you can get an app for your phone for this too. It's a great way to keep contacted with our school and engaged in your child's education. You can get assistance signing up at the office.

Also, please support our school by purchasing IGA cards. Cards can be purchased at the school or at Remax. Families purchase the cards from Friends of Hilltop and can purchase groceries from any Sobeys store (Edson, Drayton Valley, Spruce Grove, Edmonton, Whitecourt, or St. Albert) which can come in extra handy on those out of town sport tournaments. Our IGA gives the Friends of Hilltop (FOH) a discount when we purchase them, the amount we save between purchase and sale is the fundraiser FOH. We track the amount families purchase, 5% of the amount purchased is placed in an account – which then the family can spend on school fees; sport fees; pictures; school supplies; grad fees; grad dresses just to name a few. Funds raised through this initiative are used for celebrations in the school and to assist our school with other small expenses. If you have questions please feel free to ask any Friend of Hilltop Parent Council member.

We would like to say a huge thank you to all students for keeping their school clean and tidy. Showing respect of their school by ensuring all garbage is placed in receptacles is a really nice thing to see. Good Job!!!

Happy Valentine's Day!

Kim Nendsa
Darlene Bell
Heather Glenn
Angela Plouffe
Nicki Underwood
Fay Arcand



Next FOH Meeting

February 17, 2016

7:00 pm in the Conference Room

Thank you Friends of Hilltop for
the delicious staff luncheon in
December!



Dear Parent/Guardian,

As part of our focus on school effectiveness, Hilltop Jr/Sr High School will be participating in an online school survey for students – OurSCHOOL.

OurSCHOOL is an online survey that allows students to give their feedback and share their voices on their school environment, experiences at school, and any school improvement programs. All students will be given the opportunity and time to participate in this survey during regular school hours. They are encouraged to complete the survey, but may choose not to as it is completely voluntary. Students who agree to complete the survey will be given a random username and password to access and complete the survey. Students' names cannot be linked to their responses which allow it to be completely anonymous. Results will show all student scores combined together – it is not possible to single out individual students in the results.

The student survey will be completed electronically and will require approximately 35-40 minutes to complete. The student survey Measures include such topics as emotional and social well-being, physical health, and behaviours and attitudes linked to student success. The survey also allows students to give their thoughts and feedback in open-ended question responses.

OurSCHOOL was created by The Learning Bar, based on the work by Dr. J. Douglas Willms. Dr. Willms is widely known nationally and internationally for his work on educational monitoring systems, including the Programme for International Student Assessment (PISA) of the Organisation for Economic Cooperation and Development. Since 2004, OurSCHOOL has quickly grown to become Canada's largest national school survey.

If you would like more information, please contact Hilltop Jr/Sr High School 780-778-2446.



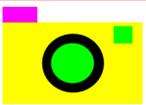


Grad Notes

Don't forget The **Winter Formal** is coming up on **February 12th**. We will need parent and teacher volunteers. Tickets will be available Tuesday, February 2, Wednesday, February 3, Tuesday, February 9 and Wednesday, February 10. They will NOT be available at the door. Each Grad can bring one guest from outside of Hilltop. These guests must be registered with Miss. Otto. Please see her prior to purchasing your tickets. Tickets are \$10.00 each.

As well, The **Senior Supper** is coming up on **Thursday, February 25th**. We need parent volunteers to help with cooking the supper. If you are interested, please contact Mrs. Wendy Poirier at 780 268 0107. We also need Grads to serve coffee and mingle with the seniors, and Grads to provide entertainment. Sign-up sheets for students are on The Grad Board. This is the opportunity we have as Grads to give back to the community which has given us so much. It will be tons of fun, so come out for laughs and good hospitality.

Make sure to get your grad forms in; Part 1 is PAST due and needs to be completed and turned in ASAP, and Part 2 is due April 30th, 2016. For both, you require a signature from Student Services to make sure you are on track for Graduation. Always be sure to check The Grad Board for any upcoming dates or to see if you're on The Grad List. Students names' will only be posted on the Grad List if 1) they have submitted the required Grad Form, 2) they are in good academic standing for graduation, and 3) they have met the requirements to participate in graduation according to the Graduation Policy.



GRAD PHOTOS RETAKES



Grad Photo Retakes will be held on February 10 , 2016

Please log into the Lifetouch website at lifetouch.ca/northernalberta to book your appointment online. Click on the link that says choose your location and select Hilltop High School.

Sessions will be 20 minutes in length, please show up 10 minutes early for your appointment.

A \$20.00 session fee is due the day of appointment.

Any further questions please contact Lifetouch at 1-780-437-2431



Winter Formal February 12



Parent and Teacher Volunteers Needed!

Class of

2016



Senior Supper

The Senior Supper is on
Thursday, February 25th.

Parent Volunteers Needed!

Contact Wendy Poirier 780 268 0107





Athletics



Be a Charger...Take Charge!

Basketball Practice Schedule

The basketball season is well under way! This month, teams have a lot of exciting tournaments and games! Check out the schedule below to see Hilltop's games! Come cheer on the Chargers!

Senior Boys and Girls:

February 10th Game at St. Joes
 February 12th/13th Tournament at Mayerthorpe
 February 17th Game at Hilltop
 February 26th/27th Tournament at Barrhead

Junior Boys and Girls:

February 2nd Game at Hilltop
 February 9th Game at Hilltop
 February 26th/27th Tournament at Hilltop(Jr. Boys)

Curling

Mondays 4:00-5:00 pm

Coached by Linda Willets

Everyone is welcome to attend!
 No experience necessary!



TIMES	MON.	TUES.	WED.	THURS.
6:30-7:45 am		Sr. Girls		
4:00 – 5:30 pm	Jr. Boys	GCAA Jr. Games Jan. 5 th Feb. 2 nd Feb. 9 th	Sr. League Games Dec. 9 th Jan. 6 th Feb. 17 th	Sr. Girls
5:30 – 7:00 pm	Jr. Girls	Jr. Girls	Jr. Boys	Jr. Boys
7:00 – 9:00 pm		Sr. Boys	Sr. Boys	Sr. Boys

Hurry Hard

Boys curling team takes home second in Barrhead Bonspiel. Congratulations!



Team Photos February 11, 2016



Hilltop Curling Team

Jonathan Common, Troy Common, Alex Slobodian, Mikhail Koscielny, Layne Carlson, Jessie Casmore, Reid Woykin, Jessica Adams, Emily Taylor, Emma Strydhorst, Sarah Strydhorst, Alison McNeil, Teron Funk, Tyler Watson, Sara-Jay Nogel, Darnell Jendrick and Reid Dickson

Students learn how to use their senses to adapt and overcome obstacles and challenges in Gym class by listening carefully to their peers instructions.



Badminton



Curling Zones will be held on February 26th and 27th. Thank you to the Whitecourt Curling Rink for your continued support with Hilltop High School!

*Oh the places you'll go,
Today is your day!
Your mountain is waiting,
So ...get on your way!*

--Dr. Seuss

The Humanitarian Society would like to thank everyone who donated to Give Week before Christmas. We were able to raise \$1000.00. This money will be going to the orphanage in Uganda this summer with Mr. Martyn Chapman.

Our next big fundraiser will be **Roses for Valentines Day**. The week of **February 8-11** we will be selling rose orders at lunch. All roses will be handed out on **February 12**. We will also be selling corsages for the winter formal happening on February 12 as well.

Single Rose- \$5.00

Corsage- \$5.00

Dozen Roses- \$50.00



Thank you for your continued support with the Humanitarian Society. If you are interested in joining we meet every Thursday at lunch in Ms. Rosvold's room.



Student Council News

We had a great month of December! Our school was able to raise more than 1600 items for the food bank! We also did our annual pancake breakfast on December 18 for the whole student body, that everyone enjoyed. We did the candy cane grams fundraiser. The students enjoyed being able to send candy canes to their friends and receive them as well. For the month of February we are doing the **Matchmaker Survey**. The survey will be completed in class and results can be bought for \$3.00. The survey allows people to find out who their best match is in the school.



Storefront School

Semester 2 is here, with that being said, we have students who will transition back to Hilltop. Congrats and good luck in Semester 2.

The students at Storefront are continuing to cook on Tuesday's, students are reminded to sign up and prepare an ingredient list for their recipe. On February 2-Chicken Quesadilla's are on the menu and on February 16, it will be pulled pork on a bun. We are planning to go snowshoeing at Rotary Park mid-February-weather permitting, more details to come at a later date. We encourage students who are registered in PE to come at this time so they can get their teacher directed hours.

The staff at Storefront would like to remind students to make sure they keep within course timelines so they can earn credits in their respective courses. Even though attendance is not mandatory, handing in at least one module a week is. Generally students' who attend often, make better progress. Remember to pass in your course work in a timely manner. If you need help with your work please drop by or call us.

Storefront Hours:
Monday ~ Thursday 8:30 am - 3:30 pm
Phone 780.778.5865



Student Services Newsletter

The Student Service's Dept. has a wealth of information that will help all students throughout the year; whether its deciding on a career choice, finding a job or working on one of the computers to complete a school project.

The job opportunity/volunteer board will be updated weekly so students can find a part time job or volunteer within our community.

Are you undecided about a career? One of the best web sites for **Career, Learning and Employment** information is www.alis.gov.ab.ca. It also includes information on **financial assistance**. **Mrs. Kendall worked with all of our grade 9 classes in January to sign them up and assist them in their discovery of career and education options. Ask your child which career interested them most!!**

RAP ~ Registered Apprenticeship Program for High School Students.

There may be a limit to the number of Work Experience students this year so sign up as soon as possible. Grade 12s will be given priority.

Hours cannot be counted or credits awarded until all paper work is completed. Remember you can get up to 15 credits in Work Experience towards your high school diploma. Sign up starts **September 12** and continues until **February 28, 2015**. See Mr. Mireau for more information.

Are YOU a Volunteer?

If you volunteer to coach a team, help with seniors, tutor, or any other form of volunteerism you may qualify for high school credits.



Helpful Hint from the Family Community Liaison Program (FCLP)

Are you concerned about your child's use of electronics? In today's world, both kids and adults are extremely connected to this virtual world of games and media. With the explosion of video games and social media came a whole new set of concerns for parents. Here are a few tips on how to limit technology and use it safely within your family:

1. Take responsibility for your child's use of technology. As a parent, you have some decisions to make. Which electronics do you want to let into your house? How can you teach your child to use each one responsibly? At what age will you introduce each screen to your child?
2. Walk YOUR talk. It doesn't need to be said that if you are constantly on your phone, your child will likely end up the same way. As a parent, you need to evaluate whether what you are doing on your technology is truly more important than having a conversation or spending time with your child.
3. Guide your child. Most children often exhibit 'addictive' behaviour in one way or another when using electronics, so it is important to help guide your child on how to manage a healthy relationship with electronics. Some ways in doing so include:
 - * Keeping all screens in a public area for use.
 - * Use timers to monitor how much time is spent using each device.
 - * Monitor your child's behaviour both on and offline.
 - * Be the computer administrator, and ensure it is locked and password protected when not in use.
 - * Schedule technology free time.
 - * No screen time until after homework, chores, etc. is finished.

The Family Community Liaison Program (FCLP) provides individual counseling and family support. For more information about the program or the referral process, feel free to contact Kyria or Kateryna at the FCLP office at (780) 778-8755.

TEEN CENTER

Our centre will be open every day after school from 3:30-8:00, and open for lunch hangouts from Tuesday to Friday with a free lunch being served on Tuesdays and Thursdays!

First Nations, Métis and Inuit (FNMI)

Tansi and Happy New Year, I wish you all health and happiness throughout 2016 and beyond. Aboriginal youth with a flair and talent in art or creative writing, there is presently a competition that is offering a chance for you to **win up to \$ 2,000.00**. Wow, what an opportunity! Please come and chat for information about this or go to the website www.GoToInfo.ca/WritingandArts

Are you continuing onto Post-Secondary? Awesome! Aboriginal Students have many opportunities for monetary support while they continue on with their education. The ALIS web site has very specific information for FNMI students, and applying for the many scholarships and bursaries available can turn into a substantial financial boost. Students, be smart and take advantage of the many supports offered to you while pursuing a career, and making plans for your future.





myPass is an Alberta Education secure self-service website for Alberta high school students to:

- ✓ View and print diploma exam result statements
- ✓ Order transcripts
- ✓ View progress towards a credential (diploma or certificate)
- ✓ View student personal information
- ✓ View and print detailed academic reports (DAR)
- ✓ Order additional copies of a credential

[Sign in with an Education Account >>](#)

First time to myPass? [Sign in](#) with an Education Account to connect to student information.

Don't have an Education Account? You can create one during [sign in](#).

To use all the features offered by myPass, please ensure you are using a [supported browser](#).

GRADE 12 STUDENTS MUST SIGN UP FOR myPass

***Alberta Education has decided that Diploma results will only be available via your myPass account.**

***The school cannot create your account on your behalf.**



How to sign-up:

1. Go to mypass.alberta.ca
2. Create a login using "Sign me up, I'm new!" **Do not use your @ngps.ca email.** A confirmation link will be sent to your personal inbox.
3. Click on the confirmation link in your inbox. Confirm your birthdate and Alberta Student Number. You can find your ASN at <https://extranetapp.learning.gov.ab.ca/learnerRegistry/forms/>
4. Using a button on the subsequent screen, request that a secure verification code be mailed to your home via post. It should arrive within two weeks.
5. Upon receipt in the mail, login and enter the code. It will expire. Act promptly.
6. You will now have access to all of your academic records.

School Cash Online

COMING SOON

Make online payments with
SchoolCashOnline

- ✓ Field trips
- ✓ Sports Events
- ✓ Activity Fees

KEVGROUP
School Cash Simplified

Why Use School Cash Online?

- Convenient** Make secure payments 24/7 from the comfort of your home
- Easy To Use** Online shopping with various payment methods
- Safe** Your child won't be carrying cash or checks to and from school
- Saves Time** Manage your school expenses and view payment history in one place



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>February 2016</h1> <p>Remember that someone special on Friday, February 14th, Valentine's Day! Enjoy a family outing on Family Day! Matchmaker Surveys are available on Monday, February 1st, 2016</p>						
	1 Day 1 Report Cards Issued Semester II classes begin Last Paper Report Card	2 Day 2 Jr. B'ball Game Hilltop	3 Day 3	4 Teachers' Convention No School	5 Teachers' Convention No School	6
7	8 Day 4	9 Day 1 Jr. B'ball Game Hilltop	10 Day 2 Sr. B'ball Game St. Joes Grad Photo Retakes	11 Day 3 Team Photos	12 Day 4	13
14 Valentine's Day	15 Family Day No School	16 Day 1	17 Day 2 Sr. B'ball Game Hilltop F.O.H. Meeting – 7:00 pm in Conference Room	18 Day 3	19 Day 4 Sr. B'ball Tournament Holy Redeemer Edson	20
21	22 Day 1 No School	23 Day 2	24 FLEX PINK Day/Anti Bullying Day Awards Day 2:24 pm Math/Social/Other Tutorial	25 Day 3 Student Forum	26 Day 4 Grade 11 Interviews should now be completed Sr. B'ball Tournament Barrhead GCAA playoffs Jr. Boys Hilltop Curling Zones	27
28	29 Day 1					Sr. B'ball Tournament Barrhead GCAA playoffs Jr. Boys Hilltop Curling Zones



January 2016

Dear School Parents, Staff and Volunteers:

PROTECTION AGAINST MEASLES - VACCINE REMINDER FOR SCHOOL PARENTS, STAFF AND VOLUNTEERS

Measles is an illness that can sometimes cause severe health problems, and occasionally death. It can be prevented by measles vaccine. A school exposure occurs when a person with measles is present at a school. Persons who attend, work or volunteer at that school are at risk of getting measles. **When there is a school measles exposure:**

1. Public Health will check all students, staff and volunteers for protection against measles.
2. Students, staff and volunteers who do not have protection against measles may be excluded, meaning they are not allowed to attend, work or volunteer at school, until the risk for infection is over.

Two doses of measles vaccine given before a school measles exposure provides protection against measles and avoids possible exclusion.

Please ensure your local Public Health Centre has a record of immunizations which may have been given previously in different locations in Alberta, Canada, or other countries, translated if necessary. To receive measles vaccine or check immunization records, please contact an Alberta Health Services Public Health Centre. For more information on measles vaccine, please go to immunizealberta.ca. For more information on measles, protection, vaccine schedule, exclusion, and Public Health Centres, please see other side.

Thank you for your attention and help in this important matter.

Sincerely,

Alberta Health Services Medical Officers of Health

Dr. Albert de Villiers Zone Lead Medical Officer of Health North West Area	Dr. Chris Sikora Zone Lead Medical Officer of Health Edmonton Zone
Dr. Deena Hinshaw Zone Lead Medical Officer of Health Central Zone	Dr. Richard Musto Zone Lead Medical Officer of Health Calgary Zone
Dr. Vivien Sutorp Zone Lead Medical Officer of Health South Zone	Dr. Wadih Yacoub Medical Officer of Health First Nations and Inuit Health Branch, Health Canada



Measles:

Measles is a viral illness with fever, cough, runny nose or red eyes, and a red blotchy rash. It is spread easily through the air. Symptoms usually start 8 – 12 days after exposure; it takes about 14 days for rash to appear. About one in three children with measles will suffer more severe problems, including ear infections, diarrhea, croup, pneumonia, febrile seizures and inflammation of the brain (encephalitis). Persons who may have measles should contact Health Link Alberta (811).

Protection Against Measles:

Persons born in 1970 or later are considered protected if they have a written record of two doses of live measles-containing vaccine. The first dose must have been given on or after the first birthday, and the second one after a minimum time has passed (differs by vaccine). Persons born before 1970 are considered protected because most have been infected.

Measles-Containing Vaccines:

Children aged 1 year and 4-6 years of age, are offered measles-containing vaccine at no charge as part of the Alberta routine childhood immunization program.

Exclusion from school due to lack of protection against measles:

- Exclusion lasts from 5 days after the first exposure up to 21 days after the last exposure. This continues for each new case. All persons attending, working or volunteering at school will be considered exposed, whether they were present when the person with measles was at school or not.
- Excluded persons must remain at home to avoid exposure of others in the community.
- Persons who get measles must remain at home for four days after the start of the rash.

To find a local Public Health Centre:

- visit the Alberta Health Services website www.albertahealthservices.ca; select *Find Health Care, Find Hospitals and Facilities, Facility Type, and Public Health Centres*
- call Health Link Alberta (811)
- consult a phone book

For information about immunization visit immunizealberta.ca

WOMEN'S CONFERENCE

MINDFULLY REVITALIZE YOUR 2016

SATURDAY, APRIL 9

9:30AM - 4:30PM | HILLTOP HIGH SCHOOL

\$40

INCLUDES SESSIONS, LUNCH & GIFT BAGS

ENJOY LUNCH, SPEND TIME WITH FRIENDS AND MEET NEW ONES!

Give the gift of self-care to the woman you love; or come pamper yourself with a friend at the upcoming Women's Conference.

Registration Deadline:
Monday, March 28

KEYNOTE SPEAKER



SUE SCHAEFFER, CDE
CREATING YOUR PATH TO WELLNESS

Enjoy presenters that focus on women. Sessions may include wine & paint; cooking with a real chef; meditation/yoga; food myths; best iPhone apps; travel and other fantastic topics focused on women.

Register at Guest Services at the Allan & Jean Millar Centre, or with a credit card by phone at 780-778-3637.

TRADE FAIR
Exhibitors are invited to setup from 10:30 - 11:30AM. Space is limited, and vendor duplication may occur.

\$20 FOR POWER | \$15 NON POWER





SPRING BREAK BASKETBALL CAMP

HILLTOP HIGH SCHOOL MARCH 30 - APRIL 1, 2016

NBC BASKETBALL CLINICS FOCUS ON HELPING ATHLETES IMPROVE THE FUNDAMENTAL SKILLS OF THE GAME. WE TEACH AND DRILL IMPORTANT SKILL WORK AND PROGRESS TO LIVE ACTION COMPETITION. WE STRIVE TO CHALLENGE PLAYERS IN A FUN AND ENCOURAGING ENVIRONMENT. COME AND IMPROVE YOUR SKILLS AT OUR GREAT CLINICS.

TEACHING FOCUS

- * Shooting Drills and Competition
- * Ball Handling
- * Attacking the Basket & Finishing
- * Defense
- * Rebounding
- * Fast Breaks
- * Live Action, Competitive Play

REGISTER

phone: 1.800.406.3926
online: www.nbccamps.com
mail: print registration form
off website and send to:

NBC CAMPS (CLINIC REG.)
10003 N. Division St. # 100
Spokane, WA 99218

BRING

- * Basketball & Basketball Gear
- * Bag Lunch Each Day
- * Water Bottle for Breaks
- * Medical Release Form

To speed up check-in, download med release at:
nbccamps.com/pdfs/Med_release1.pdf

DETAILS

Hilltop High School
71 Sunset Blvd. Whitecourt, AB
March 30-April 1, 2016 (3 day camp)
9am-3pm each day
Boys & Girls 9-16 Years Old
Cost: \$100 Early Bird Price
(Early Bird Deadline January 29, 2016)
\$125 regular price

Coaches and Master Teachers from NBC Summer Camps will be providing the supervision and instruction at this competition basketball clinic.





Gallery



Food Bank Donations



Cribbage



Pancake Breakfast



Dance Unit in Gym



Ugly Sweater Day



School Dance



Henna Tattoos in Art



Careers in Waste Management Presentation



HILLTOP CHARGERS



Staff Luncheon



Candy Grams



Reindeer Games



Bake Sale



Hallway Tunes



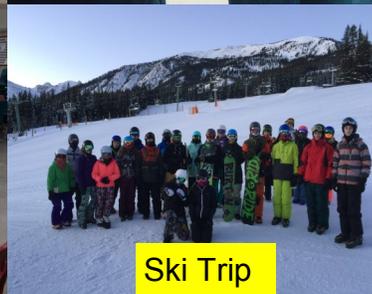
Foods from Around the World



Grad Photo Day



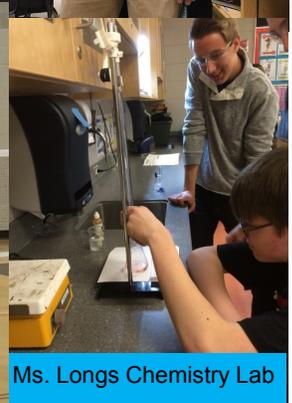
D&D Afterschool



Ski Trip



Badminton



Ms. Longs Chemistry Lab