Hilltop Jr./Sr. High School









Principal: Mr. Brent Northcott Email: brent.northcott@ngps.ca

Telephone: 780.778.2446 Fax 780.778.8818

Website: hilltophigh.ca

Twitter: @ngpshth



February 2018 Newsletter

Message from the Administration

Welcome to February! We have now reached the halfway mark of the year!

As we move into Semester 2 I would strongly encourage students to remain vigilant in their studies. I would also encourage parents to continually check the Parent Portal for up-to-date marks and attendance. When students fall behind in their studies, the best opportunity they have to catch up is during FLEX. FLEX is not optional for students who are nominated. Students who miss FLEX will be required to serve a lunch hour detention.

We have lots of exciting things happening this semester. First of all, we have three new courses being offered at the Senior High level: Military Studies, Science Fiction and Fantasy and Urban Gardening. Adding the courses continues our efforts to offer a robust program using the expertise of the teachers in the building. It adds to the choices students have in completing their high school diploma.

The Accountability Pillar surveys have now been mailed out by Alberta Education. Parents of Grade 10 students, please take a few minutes to complete this survey as it provides us with valuable information as we plan for the future. The information from the Accountability Survey guides the formation of the School Advancement Plan.

I would also like to encourage parent to call the school when you know your child is going to be away. Being proactive and letting the school know your child will be late or absent will result in an expedited process to get your child into class the following day. We require a phone call from a parent to acknowledge an absence or late.

Students have a couple of long weekends during February. There is no school on February 8 and 9. On these two days, teachers are attending the North Central Teachers' Convention in Edmonton where they learn about the latest techniques in education. There is also no school on February 19 due to the Family Day holiday. Enjoy this day with your families.

> Your partner in education, Brent Northcott Principal



VOLUME 9, ISSUE 5

~ Inside this Issue ~

Important Dates	2
December Highlights	3
RAP	4
Bistro	5
Grad News	6
First Aid	7
GA, FOH	8
Student Council	9
Athletics	10
Student Services	11
Key Study Guides	12
Habits of Resiliency	13
ASIST	14
RCMP Youth Camp	15
Myblueprint	16
Information	17
Accountability Pillar	18- 19
Calendar	20
Gallery	21
9:00 AM Warning Bell	

9:00 AM	Warning Bell
9:05 AM	Block 1
10:11 AM	Break
10:15 AM	Block 2
11:21 AM	Break
11:25 AM	Block 3
12:31 PM	Lunch Break
1:11 PM	Warning Bell
1:15 PM	Block 4
2:21 PM	Break
2:24 PM	Block 5
3:30 PM	Dismiss

February Important Dates

FEB 1: Semester 2 Begins FEB 8 & 9: Teachers Convention – No School FEB 12: Grad Photo Retakes FEB 14: Valentines Day FEB 19: Family Day FEB 28: FLEX Day & Pink Shirt

VOLUME 9, ISSUE 5



Email: onceacharger@gmail.com or Facebook: Hilltop Chargers "Family Reunion"

Drama Production Highlights

It was a full house, back in December, for the Drama production "The Tie That Binds", directed by Sandy Gartner and Ty Babiuk. The audience was taken back to the 1950's for a beautiful yet complex love story full of emotion, power and laughter. An outstanding performance by the cast and crew!

Watch for their next production this upcoming Spring.



Cast: Shawn Rey-Ansay, Jade Barrett, Montana Blackstock, Macen Chernuka, Carsyn Cloke, Kaylyn Coleman, Connor Cunningham, Jacob Davidson, Colby Day, Kayla Dickson, Brayden Fibke, Emily Fromager, Colleen Harder, Annick Jeanveau, Darnell Jendrick, Meghan Keenean, Hannah Lewis, Emma Maxwell, Savannah McCaffery, Kyle Molnar, Charles Moore, Shae Perrin, Thanh Pham, Emma Schlosser, Calum Scott and Dawson Smith.



Hilltop RAP Stars

Watch the Whitecourt Star Bi-Weekly to see more Hilltop RAP Stars featured.

Hilltop High School Off-Campus Education Registered Apprenticeship Program



Name: Jack Schlosser Grade: 12 Employer: Alberta Newsprint Company RAP Position: Millwright Future Plans: Millwright



Any trade interested in taking on a RAP student please contact Lesia Hleck at 780-778-2446



Work Experience

Congratulations to our newest Work Experience student **Sheldon Highmoor** who is now working as a Helicopter Service Technician!

Are you a student who is currently employed? Have you signed up for work experience? You can earn up to 15 credits towards your high school diploma. **Completion of HCS 3000 course modules is mandatory.** See Ms. Hleck for details.



During the month of December students took part in a week long course to obtain safety certification in H2S Alive, Confined Spaces, Detection and Control of Flammable Substances, WHIMIS 2015, Ground Disturbance, Fall Protection and Transportation of Dangerous Goods. Students who completed the course earned five high school credits as well as three years of certification. Congratulations to the students who successfully completed the program.



New RAP Opportunities

Any trade interested in taking on a RAP student please contact

Lesia Hleck at 780-778-2446

Heavy Duty Technician - Woodlands County

COMING SOON

Powerline Technician

See. Ms. Hleck for more information

Northern Gateway Public Schools is recruiting students for the programs below:

Oil and Gas Operator Program in partnership with Northern Lakes College will run from Feb 6 to May 11, 2018. On Friday, January 19 Shell Canada contacted NGPS to say that they will fund up to 10 students for the Oil Field Operator program. Northern Lakes College has been contacted and have provided the week of **May 7 – May 11** for the face to face on site lab training at the Peace River Campus. A new brochure is being developed to support this intake.

Service Rig Floorhand Part A – We have booked the Service Rig in Bonnyville from April 30 to May 2 2018. Interested students must complete Energy Education 35 (ADLC), their full safety certification and first aid to be eligible to attend the session in Bonnyville. If necessary, we will request a second week based on the number that complete all course work. Northern Lights School Division is revising their program and will only require our students to

be on site for 3 days this year if all students have their safety certificates prior to attending. Students will be housed on site at the centre this year.

Any student interested in attending the Service Rig program should get their Energy Education 35 course work started through ADLC.

For more information see Ms. Hleck.



Hilltop High School Off-Campus Education Registered Apprenticeship Program



Name: Brody Wells Grade: 11 Employer: FLEX Tank & Vac Trucks Ltd. RAP Position: Heavy Duty Technician Future Plans: Attend NAIT



Hilltop Bistro

Hilltop Bistro cards are available to purchase from Mrs. Runge in room 503. Accepted payments of Interac, Visa, Mastercard or cash. Bistro cards are punch cards that can be used in place of cash at the cafeteria. These cards are available in \$10.00 and \$20.00 values. Bistro cards are a great gift idea.

Daily Lunch Special \$5.00 Small Chocolate Milk \$1.00 Large Chocolate Milk \$3.50

Milk 2 Go (Vanilla, Banana, Strawberry) \$2.50 Keurig Cup \$1.00 Cookie \$0.50 Loaf \$1.50 Muffin \$1.00 Square or Pastry \$2.00 Veggie Cup or Fruit Cup \$1.00 Jello or Pudding \$1.00 Pretzel & Hummus \$2.75 Sandwiches \$3.50 Yogurt Parfait (Peach, Strawberry, Blueberry) \$1.50 Cheese, Meat & Crackers \$3.50





Congratulations

to **Caelyn Basaraba**, she has been accepted to the Forum for Young Canadians program. She will be attending this excellent opportunity from February 25 - March 3, 2018.

Only 130 students from across Canada are accepted to this program. Way to go Caelyn!



Mr. Schlosser's Media10/20/30 students participated in a media contest with a variety of categories and guest judges. Congrats to the following 1st place winners;

Jayden Greenwood - Landscape

Weston Hellekson - Portrait

Emma Schlosser - Special Effects

Kyle Molnar – Other (missing from photo)



Cosmetology students learn leg waxing.



Miss. Campbell's students explore sheep heart and pig dissections during Bio class.



During the month of December Mrs. Keay challenged her students to do Random Acts of Kindness throughout the holiday season. Pictured below is **Kaylee Veroba** who baked treats for the staff, **Abbygail Trigg** brought in donations for Tennille's Hope and **Katie Dixon** cooked her family supper. Well done ladies.





Foods Students Cook for Staff

Miss. Mercer's Foods students spent part of their last week before exams cooking a five-course meal for staff members with the full formal dining experience. Staff were treated to a variety of foods such as; calamari, pesto pasta, salad rolls, butterscotch pie, and watermelon aqua Fresca to name a few, then staff evaluated the students work. What a privilege for our staff to be treated like royalty. Wonderful job to all the students who participated, thank you!





Have you ever wondered how knights fought back in medieval times? Or what arts and crafts people used to make? Perhaps you are into sports and martial arts or maybe you are just curious about what kind of skills were needed to be a medieval artisan. Hilltop's Medieval Club meets at lunch on Thursdays to learn all there is about the medieval times as well as how to do medieval style combat. Students can learn all about the medieval ways of fighting as well as about honour and chivalry. Students can learn about making medieval crafts like chainmaille and wire weaving, but also about making armour as well as how to engage a foe with cunning skill and accuracy. If you would like to find out what we do in Medieval Club, please come and speak to Miss Mehl in Room 304!

The Annual Christmas Medieval Dinner held in December and hosted by the Medieval Club along with Director Miss. Mehl, was a success.





School Reach Club

School Reach is a club devoted to quiz game shows. Students gather in room 304 at lunch on Fridays to test their knowledge about pop culture, music, sports, entertainment, history, literature, movies and much more. Come bring your lunch and some friends to try out our amazing game show buzzer system while answering some questions! Everyone is welcome and we have a great time during lunch hour.





The Teen Centre will be serving a **free lunch** for Hilltop Students during the lunch hour. Everyone Welcome!

Homework & Pizza Night at the Teen Centre from 6pm-8pm.

On Wednesdays from 6pm-8pm youth gather at the Teen Centre for a slice of pizza and a chance to work on school assignments in a calm and supportive environment. Teen Centre Facilitator's and Volunteer's are available to help youth with homework, school projects or to get organized.

Resources available

Project supplies Access to computers and printers Graphic calculators Organizing and study tips Assistance with homework School supplies Encouragement and support for success

No registration required, the Teen Centre is a drop in program for all youth ages 11-17

For more information please call : Teen Centre Manager & Youth Development Coordinator Alicia Smallwood (780) 778-6696

To keep up to date with other events, news and programming from the Teen Centre, please like our page on Facebook - Whitecourt TeenCentre and follow us on Twitter @TeenCentreWCT



Charger Spirit Wear

Hoodies: \$40.00 each Short Sleeve T-Shirts: \$15.00 each Long Sleeve T-Shirts: \$16.00 each Hats: \$10.00 each









FIRST AID FOR HILLTOP STUDENTS

Standard First Aid and CPR

March 16th (PD Day) and 17th, 2018

at Hilltop High School

8:30 am start

Certified for 3 years Great for all summer jobs etc Instructor: Mrs. Shawna Prince Cost: 25\$ - non-refundable Sign up at the front office

Support the Humanitarian Society

The Hilltop Humanitarian Society is a group of students along with supervisor Rendean Koudelka who work together to support underprivileged children in Uganda. The Hilltop Humanitarian Society has been helping over 50 children at the Masulita Village in Uganda since 2007, sending approximately \$1000.00 a month to assist them with educational materials, health care, eye care and transportation needs. Please consider donating to this worthy cause. Donations gratefully accepted via schoolcashonline.com or at the front office. Thank you for your support.

Encounters with Canada



Every week of the school year, 120 to 148 teens from across Canada (ages 14 to 17) come to Ottawa. Here they discover their country through each other, learn about Canadian institutions, meet famous and accomplished Canadians, explore exciting career options, develop their civic leadership skills and live an extraordinary bilingual experience. Over 100,000 youth have lived the EWC experience, to date! During the month of February, four Hilltop students will be participating in the EWC experience. Watch the March newsletter to read all about their adventures in Ottawa.

Savannah Anderson - Medicine and Health Jordan Albaya - Medicine and Health Madison Martell - Science and Technology Megan Lock - Technology and Food

NEWS



Hours of Operation Monday-Thursday 8:30 am – 3:30 pm Phone: 780 - 778 - 5865

Semester 2 is here, with that being said, we have students who will transition back to Hilltop. Congrats and good luck in Semester 2.

The students at Gateway Academy are continuing to cook on Tuesday's, students are reminded to sign up and prepare an ingredient list for their recipe. February 21st students at storefront will be making Chili, garlic toast, and caesar salad to share with the local fire department.

We are planning to go snowshoeing at Rotary Park mid-February-weather permitting, more details to come at a later date. We encourage students who are registered in PE to come at this time so they can get their teacher directed hours.

Melanie Bullis from Seventh Step Society will be speaking to our students about her experiences with drugs and the drug trade and life in a federal prison on February 7 at 11am.

The staff at Gateway Academy would like to remind students to make sure they keep within course timelines so they can earn credits in their respective courses. Even though attendance is not mandatory, handing in at least one module a week is. Generally students, who attend often, make better progress. Remember to pass in your course work in a timely manner. If you need help with your work please drop by or call us.



Friends of Hilltop Parent Council 2017-2018 Friends of Hilltop School Council Chairpersons: Tammy Dickson and Avy Fast Secretary's: Amber Borg and Joanne Merrifield Treasurers: Niki Underwood and Judy Watson

Earn 5% profit on your regular grocery shopping at IGA or Sobey's!!

Start saving for your student's school fees, grad garb, school sports and even school trips. Take advantage of the IGA gift cards sold by Friends of Hilltop Parent Council. When you purchase grocery vouchers from FOH (available at Remax Office or at the front office) 5% of your purchase is placed in an account just for you. It just stays there until you need to access these funds to pay for a variety of school related expenses. IGA voucher cards are the ONLY fundraiser for Friends of Hilltop, other than bottle recycling. Stop by or call the office for more details.

We have taken over bottle recycling within the school. With this additional fundraising we are hoping to provide more to the entire school and give back to the students directly where they need it, including the Breakfast Program!! We are looking for any clubs within the school that would like to earn some money by helping to collect the recycling at the school.

You also can drop off your bottles at the bottle depot stating that you are donating to Hilltop High School or drop off at the school.

Next Parent Council (Friends of Hilltop) meeting, **Feb. 21 at 7pm.** Please join us – no commitment necessary, for information only!

Have a fantastic February!!

Hilltop would like to send a special thank you the Friends of Hilltop School Council for donating to our Breakfast Program, which will begin starting in Semester 2.



New Recycling Program

Support Hilltop High School

by donating your empty

cans/bottles to the Friends of

Recyclables can be donated at Hilltop High School or the Whitecourt Bottle Depot.

Thank you in advance for supporting Hilltop.







Indigenous Work Readiness Program

Whitecourt is the chosen town to pilot an exciting new program for Indigenous students.

With the collaboration of local support agencies, the high schools and Careers: the Next Generation, we have developed a program that will provide the necessary training and work experience development to prepare the students to be work ready and achieve credits towards their high school diploma.



The following partners involved with the program are CAREERS: the Next Generation, Alberta Works, Community Futures, Wellspring Family Resources, Rupertsland, Alberta Labour, Northern Gateway School Division, Hilltop High School, Gateway Academy Whitecourt, St. Joseph School.

Plan of Activities:

- * Introduction ceremony
- * Students will be provided with Work Readiness program courses: Resume/Cover Letter, Interview skills
- * Learn 2 Drive program prepare the students to write Driver Learner's exam
- * Customer service, Business communication, Maintaining a bank account
- * Learn about Employment resources Employment center tour, job bank, Rupertsland camps, forestry camps, health camps, trade camps
 *Safety Courses

The student will do volunteer experience for a non-profit organization to develop entry level work skills: inventory, cashier, customer service. After completing the Work Readiness program, students will receive a certificate and will be provided additional help in their job search.

Parents of the students in the program are invited to attend the introduction ceremony. An Elder will be part of the ceremony on Tuesday, February 13, 2018 at Hilltop High School at 9:15 a.m. to 10:00 a.m. .

For more information, you may contact Jody Smith-Tomke at 780-778-2446 (Hilltop) or Sarah Vandekerckhove at 780-778-5865 (Gateway Academy Whitecourt)

STUDENT COUNCIL NEWS



Happy February!! Student Council has a few things planned for the month of February. First of all, students will be filling in a "Matchomatics" questionnaires in their homerooms on Feb. 1. These forms will then be sent away to a company

that "matches" people in this school based on how they answered the questions. Students can purchase the printout that indicates their matches around February 14 for \$2.00. This is lots of fun and we can't wait to see who you are matched up with!

As well, on Feb. 28 Hilltop will be recognizing Pink Shirt Day. Students are welcome to wear pink shirts as way to make people aware of bullying and the impact it can have. Hilltop will be handing out pink bracelets on this day to students who wish to wear one.

Coming in March..... March Madness Week!!!

Junior Forestry Ranger Program Info Session

Page 9

Thursday, February 15th @ 1:15 in Auditorium

Youth employed in a camp-based program can expect to be away from home for seven weeks. All crews can expect to have some camp experience with a routine schedule. Every crew is a little different, but some things you should consider before you apply are:

- You will work outdoors, rain or shine, and get your hands dirty
- You may build your own bed and sleep in a tent all summer. Community crews are a little different.
- You will be expected to complete your share of camp chores during the evening and weekends
- You will get bit by bugs and see many types of animals
- You will be part of a team and have the time of your life
 http://wildfre.alberta.ca/recruitment/alberta-junior-forest-rangers/about-ifr.aspx



<u>Basketball</u>



League: Feb. 6 - Edson League: Feb. 15 - Fox Creek Tournament: Feb. 16 & 17 - Mayerthorpe Tournament: Feb. 23 & 24 - Barrhead Zones: Mar. 9 & 10 - Drayton Valley (BOYS) Morinville (GIRLS)

The Sr. Girls basketball Team would like to say a special thank you to **John Carter** for driving the bus for all the tournaments.

Jr. High Boys and Girls Important Dates

Tournament: Feb. 2 & 3 - Edson Home Game: Feb. 6 vs. Fox Creek *Girls @ 4:00 pm (boys to follow)* Home Game: Feb. 13 vs. Mayerthorpe *Girls @ 4:00 pm (boys to follow)* Tournament: Feb. 23 & 24 - Mayerthorpe



Curling Zones

Curling Zones will be held in Morinville on

February 23 & 24. Hilltop is thrilled to be sending the following curlers to Zones; Layne Carlson, Reyd Woykin, Darnell Jendrick, Caleb Tobin, Kevin Blain and Jayden Greenwood



Thank you to the Whitecourt Curling Club for their continuous support.

DQ Classic Basketball



Richard Danks Memorial Tournament



Thank you to everyone who made this tournament in December a great success. Special thanks to the Dank's family and friends for attending and to Dairy Queen for your continuous support.





Cody Newman, Kevin Blain, Ayden Mytrunec, Noal Adams, Cruz Wheeler, Jack Schlosser, Ryan Govenlock, Coach Wilson, Jace Richards, Ben Adams, Jared Mott, Dillan Stewart, Mason Wilson, Brady Newman

Senior Girls' Basketball 2017-2018



Back Row: Sharon Strydhorst, Abi Dixon, Coach St. Louis, Coach Hleck, Nina Johnston, Falyn Iggulden Middle Row: Areanna Fast, Ashley LaValley, Mai Pham, Darby Wells Jenna Dixon, Tanisha Gano-Murray, Clea Willberg Front Row: Emma Schlosser, Rhyleigh Hynault, Kaley Carter, Alyssa Borg





Ms. Hleck



*Alberta Education has decided that Diploma results will only be available via your MyPass account. *The school cannot create your account on

your behalf.

How to sign-up:

1. Go to mypass.alberta.ca

2. Create a login using "Sign me up, I'm new!" Do not use your @ngps.ca email. A confirmation link will be sent to your personal inbox.

3. Click on the confirmation link in your inbox. Confirm your birthdate and Alberta Student Number. You can find your ASN at https://extranetapp.learning.gov.ab.ca/learnerRegistry/forms/

4. Using a button on the subsequent screen, request that a secure verification code be mailed to your home via post. It should arrive within two weeks.

5. Upon receipt in the mail, login and enter the code. It will expire. Act promptly.

6. You will now have access to all of your academic records.



HILLTOP HIGH SCHOOL ORDER FORM THE KEY STUDY GUIDE FOR SENIOR HIGH

The Key" study guide is a resource published by Castle Rock Research and it is designed to provide a focus for students in studying for their Provincial Diploma Exams as well as unit and final exams. "The Key" is available for Math, English, Social, Biology, Chemistry, Physics; it provides a summary of the main course content and practice tests. We are making "The Key" available to our students for \$20.00 per key (sold in stores for up to \$40.00) on a pre-order basis. Buying "The Key" is not required and is being offered only as a service to students to help them in their preparation for final exams.

Please return this form and exact money to Ms. Greenshields (in the library) by February 16th

Quantity	Subject	Cost	Total
/	Biology 30	\$20.00	
◀	Chemistry 30	\$20.00	
	English 30-1	\$20.00	
,	English 30-2	\$20.00	
7	Math 30-1	\$20.00	
	Math 30-2	\$20.00	
5	Physics 30	\$20.00	
	Social 30-1	\$20.00	
-	Social 30-2	\$20.00	
◀ 🗌			
	Biology 20	\$20.00	
┥	Chemistry 20	\$20.00	
	English 20-1	\$20.00	
	Math 20-1	\$20.00	
-	Social 20-1	\$20.00	
	Physics 20	\$20.00	
	English 10-1	\$20.00	
	Math 10C	\$20.00	
	Science 10	\$20.00	
	Social 10-1	\$20.00	
┥		Total amount	

Student Name:

Student Name: _____

Payment via:

- Cash____(exact amount only)
- Cheque _____ (Cheques payable to Hilltop High School)
- School Cash on Hilltop High Schools website _____

Received by Ms. Greenshields

5 HABITS OF RESILIENT KIDS By SOS Magazine

Every child has the capacity for greatness. There is no gene that can determine whether they will be successful or happy. They all have the ability to do extraordinary things. Despite our best efforts, however, they will encounter difficulties on the way. There is nothing we can do to change that. All we can do is help equip them with the skills they need to remain unbroken by these trials.

We need to teach them resilience.

All children have different natural levels of resilience. They also have different ways of showing when they can no longer cope with the stress. They may express this through anger, resentment, withdrawal or emotional outbursts. Children with lower resilience will display these behaviors more often.

Don't despair! Resilience is not a fixed trait. It can grow with the child or be strengthened at any age. The way to do this is not to clear the path ahead for them, but rather, to teach them to cope with the stress and to deal with it; instead of covering it up.

1. Resilient kids need relationships.

It's not the kids that "don't need anyone" who are the most resilient; it's the kids who have a reliable presence of support. Knowing people support and care for them increases a child's positive emotions and their confidence. However, kids aren't always so great at noticing that the people around them care, so make sure to remind them on a regular basis.

2. Resilient kids know they can ask for help.

Kids will often believe that they need to figure things out for themselves – and while that is partly true, they need to know they are not alone. They need guidance. Try to help them, without carrying them.

3. Resilient kids foster optimism.

Optimism is not about having a Pollyanna-esque outlook on life, it is more about allowing feelings of sadness to exist alongside feelings of gratitude. Optimistic kids are also able to view a situation from a different viewpoint and figure out how to make the best of things.

4. Resilient kids face their fears.

There is something about conquering that will give a rush of confidence and empowerment. Self-

preservation is important too, so healthy fears are OK to maintain. When children discover something that challenges them or frightens them, they often approach it in one of two ways: *a) Face it* OR *b) Avoid it*. What you can help them see is a third option: *Gradually move towards it with people to support you*. This can gently push them towards mastering the things that challenge them, and the morale boost that comes with it.

5. Resilient kids ask "How?" not "Why?"

"How can I fix this? Or What can I learn from this?" Not, "Why is this happening to me?" This kind of thinking encourages problem-solving. You can model this when your child misbehaves (i.e. colors on the wall). Don't ask your child why they colored on the wall – ask them how they will fix it.

Above all else, *resilient kids are loved unconditionally*. This is their solid foundation that they can rely on when their world is falling apart. One of the most important factors in their resilience is their ability to believe in themselves. *And if you believe in them, they'll believe in themselves too.*

This article was submitted by Tammy Charko BA, BSW, RSW with permission given by sossafetymagazine.com. Tammy is Northern Gateway Public School's Division Social Worker. She is a support for schools, students, parents and caregivers to encourage success in school. Tammy advocates for students and provides a link between the student and other supports within the community. Tammy has been a social worker for nearly 20 years and is a mother to 4 children, 3 of which are teenagers.

ASIST Applied Suicide Intervention Skills Training

Suicide first-aid. A two-day, skills- based workshop for intervening with a person at risk of suicide.

Learning objectives:

- Recognize that caregivers and persons at risk are affected by personal and societal attitudes about suicide
- Discuss suicide with a person at risk in a direct manner
- Identify risk alerts and develop a safe plan related to them
- Demonstrate the skills required to intervene with a person at risk of suicide

February 15 & 16

8:30am-4:30pm Forest Interpretive Centre 3002-33 Street, Whitecourt AB Cost \$100.00 Manual and lunch provided.

To register call the Allan & Jean Millar Centre, 780-778-3637 ext. 0



centre *for* suicide prevention

Centre for Suicide Prevention T 403 245 3900 csp@suicideinfo.ca suicideinfo.ca у @cspyyc



DEPOT YOUTH CAMP

The Depot Youth Camp is a week-long summer camp for students in Grades 11 and 12 (ages 16-19).

Students selected for the RCMP Youth Camp form a co-ed group that is reflective of a typical RCMP cadet troop. By the end of the week-long camp, the group will develop a good understanding of the career possibilities offered by the RCMP. This is a once-in-a-lifetime opportunity to experience Depot prior to submitting an RCMP application.

This is also a wonderful opportunity to interact with police officers from many different units within the RCMP, which will allow you to obtain a better understanding of what life would be like as a member of the Royal Canadian Mounted Police!

ABOUT THE PROGRAM

Student selection will be based on academic achievement, fitness and interest in a career in policing. While at camp, students will be issued parts of the RCMP uniform to wear and will be expected to act as a troop in training. They will be required to wake up early, keep dorms clean, and behave as a professional representative of the RCMP.

August 6-10, 2018 August 13-17, 2018 Open to Everyone Aboriginal Focus

NOW ACCEPTING APPLICATIONS FOR THE 2018 SESSIONS! Deadline for application : March 1, 2018





Canada

PROGRAM OFFERS

Participation and observation of activities such as :

- > dnll
- > driver simulator training
- > firearms
- > police officer scenarios
- > fitness training (PARE)
- > troop graduation
- > a tour of RCMP Heritage Centre and much more!

ARE YOU INTERESTED?

For more information and how you can apply, please contact: "K" Division RCMP ProActive Recruiting at: RCMP.KRecruiting-KRecrutement GRC@rcmp-grc.gc.ca



What is your birthdate?

Month

- Day





myBlueprint

PLAN YOUR EDUCATION AND CAREER

myBlueprint is a web based service for high school students to monitor their credits and graduation, and to research career pathways and post-secondary opportunities. myBlueprint is synced to the students' PowerSchool, and it updates in real time. Each student already has an account paid for. Here are the steps for getting started:



create account. myblueprint.ca × my Blueprint Home Products Support About Us Blog Step 4: You're in, start touring! 🔓 Existing User Your E-Mail Address myBlueprint is the easiest way to Your Password plan your education and career Login Forgot your p Welcome to myBlueprint 5.0, HOW IT WORKS GETTING STARTED 👉 New User hilltop We're working hard to give you the best myBlueprint experience. Create Account Take the tour and find out what's new. Step 2: Choose your grade. No Thanks **Hello! Welcome to myBlueprint** Fill out the form below to join Students, select your current grade below: Step 5: myBlueprint connects to PowerSchool Grade 7 automatically to count credits, check graduation Grade 8 requirements and help research schools and career pathways. Grade 9 Grade 16 Grade 11 Home Grade 12 **High School Progress** Step 3: Enter your Alberta Student Number and birthdate. Official High School Plan (Your Alberta Student Number can be found on your PowerSchool) 61 Hello! Welcome to myBlueprint 20 Fill out the form below to join 81/100 Upload files and photos from Why is this required? This information will allow you to view your credit history in your High School Plan. What is your ASN? Alberta Student Number

Hilltop High School would like to request that all students leave any valuables at home.



We also, encourage all students to keep their combinations for their hall & gym lockers confidential.

Does the school have your child's current contact information? Please contact the school to verify if you have concerns @ 780.778.2446.

Synervoice/Automated **Calls Home**

Please be advised if our system has rejected your phone number due to a cancelled landline, we will use the next available phone number (ex: cell phone number) for emergency purposes and automated calls home in the event of student absence.

Passport Photos

Available in the Media Lab

\$20.00 each

Appointments are available Monday to Friday between 9:00 am and noon. Call Hilltop and ask for Derek Schlosser at 780-778-2446 to book an appointment.

Parent/Guardian Reminder

Please remember that ALL students must be signed out by a parent/ guardian when leaving the building for any reason, including in the event of an emergency or evacuation. Students can be signed out by a parent/guardian either in person or by calling the school at 780-778-2446

We appreciate your cooperation.



Attention Parents

Please remember that we no longer print report cards. All students courses, assignments, grades and absences are available on Power School to view at any time. However, we can print a report card if requested. If you have not signed up for Power School, or are having difficulty signing in, please contact the front office and we will help get you started. If you have no access to internet you are welcome to stop in to the Learning Commons and access Power School through our internet.

If you are going to be late or absent for any reason. please have your parent or guardian call the school at 780 778 2446

Please use our answering machine if you need to call before or after school hours.



Time suggested for homework + studying

if you are pursuing academic excellence at Hilltop High School

GRADE TEN

Only four core classes are available. Instead of fast-tracking, explore your interests, try different electives, and complete PE 10. Perhaps you could explore sports and extra-curriculars. No homework, you say? Read the newspaper or explore something new.









Four science courses may become available to you: Biology, Chemistry, Physics, and Science 20. Many students manage two at a time quite well by keeping on top of things. Math 10C branches into two streams 20-2 and 20-1 (both for students interested in University, it mostly depends what you want to explore career-wise). To excel in Social, pay attention to current events. To excel in English, read lots of varied texts. It is also time to complete CALM.



Bio 20 - 5 x 30 min Chem 20 - 5 x 30 min Physics 20 - 5 x 30 min Science 20 - 5 x 20 min Science 24 - 3 x 15 min







Math 20-3 - 2 x 15 min Math 20-2 - 5 x 40 min Math 20-1 - 5 x 40 min

GRADE TWELVE

Put away your phone and buckle up. Apply for post-secondaries as early as October 1st. Think about working less and earning higher marks; you have your whole life to work. If you miss school, you have work to do!



PUT TOGETHER WITH CONTRIBUTIONS FROM THE STAFF AT HILLTOP HIGH. www.hilltophigh.



Hilltop High School

January 15, 2018

Dear Parents/Guardians:

As an annual check-up on the education system, the Accountability Pillar provides an opportunity for Alberta Education and school authorities to ensure that we are equipping students for success.

The Accountability Pillar uses a set of 16 indicators. Data on these indicators consists of surveys of students, parents and teachers on various aspects of education quality, student outcomes such as dropout and high school completion rates, and provincial assessments of student learning.

From January to the end of February, Alberta Education will be conducting the annual Accountability Pillar Survey.

- In January, parents of students in grades 4, 7 and 10 will receive a survey from Alberta Education.
- In February, students in grades 4, 7 and 10 and all teachers will be completing their surveys online at school.

All surveys are anonymous and ask questions about experiences with your school. In addition to English and French, the parent survey is available in Chinese, Punjabi, Arabic, Blackfoot, Dene, Cree, Korean, Spanish, Tagalog and Urdu.

Your participation in the survey helps provide important information on the quality of education your child is receiving, so we encourage you to return your survey promptly.

Survey results will be available to school authorities in May 2018, and will be reported publicly as part of their 3-Year Education Plans and Annual Education Results Reports.

I encourage you to complete the survey as it provides the school with valuable feedback that is used in planning programs for students.

Sincerely, Srent Northcott Principal

71 Sunset Boulevard, Whitecourt, AB T7S 1N1 780.778.2446 <u>hilltop@ngps.ca</u> <u>www.hilltophigh.ca</u>

Page 19

A true picture of our success.

Measuring the quality of your child's education

We want to know that our children are receiving a quality education in a great school. Grades are important, but there's more to it.

A great school and its staff help every child to make the most of their talents and abilities. Great schools are caring, secure and encourage parents to play a key role. It's all about each student's success.

While it's easy to agree on such goals, how do we measure our progress toward them?

The Accountability Pillar is an innovative and straightforward way to measure our learning goals as schools, school authorities and as a provincial government.

Results are provided in a colour-coded and easy-to-read report so everyone in the community can review it. At a glance, it points out successes and areas of concern from both a local and provincial perspective.

The results report shows which measures have improved, remained consistent and which have declined. It allows everyone - parents, teachers, school authorities, students and the province - to celebrate successes and respond to challenges together. The Accountability Pillar looks at:

- Survey results every year between January and March we survey students, their parents and teachers to see how they perceive the quality of education they receive and take part in
- Student learning indicators such as dropout rates, high school completion rates and the number of students eligible to receive Rutherford Scholarships
- Student results from Provincial Achievement Tests and Diploma Exams

Details about the Accountability Pillar and how to obtain results are available online at http://www.education.alberta.ca/accountability

Aberta Government

Tuesday
-ebruary 2018
Day 3 6 Day 4
Sr. Basketball in Edson Jr. Basketball Hc Game 4:00 pm
Dav 2 Dav 3 14
Jr. Basketball Ho Game 4:00 pm
20 Dav 3
5 5
Day 3 27 Day 4 28 FLEX Math/Social/Other Tutorial

VOLUME 9, ISSUE 5





GALLERY



Once a Charger, **Always a Charger!**

Good

Byel

It is with sadness and excitement that we announce Mr. Mark Scott's resignation from Hilltop. Mr. Scott has been an important part of the Hilltop family for years now and will be very missed. However, we are also very happy for Mr. Scott as he will now be able to join his wife Mrs. Scott in Jasper, who left her position at Hilltop last June. We wish you both all the best in your new endeavors, visit anytime. Please join us in welcoming Mr. Laurie Brown to the Hilltop Family.



Art 9 learning how to draw eyes & mouths from Art 30 student Willow Vandenhouten



Dawson Smith proudly shows off the chainmaille he made in Medieval Club.

Sr. Girls basketball board the bus for their first tournament.



Coach Sanderson gives the team a pep talk



Bridal Updo by Ashlee Underwood





Mr. St. Louis's class participated in a variety of physical challenges during Gym class.



Homies in the Hallway





Jacob Stewart's pet iguana Godzilla



Whitecourt Snow Stars volunteer to shovel sidewalks for people who need the extra help.

Mr. Keay's class wraps up the semester with an afternoon of tobogganing.







