"A great place to LEARN...and more!"



Hilltop Jr./Sr. High School

Message from the Administration

Northern Gateway
Public Schools

Principal: Mr. Brent Northcott Email: brent.northcott@ngps.ca





Welcome to April and the last three months of the school year.

I would like to invite parents of our current Grade 9 students to our high school information meeting on April 13. The meeting will begin at 7 pm and will explain how students earn credits in high school as well as the pathway towards a high school diploma. We look forward to meeting with you. This information will help with students picking their courses for the 2022-2023 school year.

Grade 9 students will also take part in the RISK Program on April 27. RISK is the new name for the former PARTY Program where students learn about trauma and possible consequences of risky behaviour. Permission forms will be sent to parents to give permission to students to attend.

I would also like to emphasize the importance of FLEX for catching up on missed work or exam rewrites. If a student has been nominated for FLEX they are expected to attend for that period. I appreciate the support I get from parents when students miss FLEX. Parents cannot excuse students for FLEX. Students who miss FLEX will receive a mandatory detention.

I would like to wish you and your family a Happy Easter. Enjoy the four day weekend. The final stretch to the end of the year begins as soon as we return from Easter. After the Easter weekend, we are down to 40 days of classes remaining in the year.

Your partner in education, Brent Northcott Principal

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Important Dates

April 13

Parent Info Night 7:00 pm (Grade 9 going into 10)

April 15

Good Friday - No School
April 18

Easter Monday - No School

April 20

FOH Meeting 7pm

April 24-30

Volunteer Week

April 27

Administrative Professional Day

Bell Schedule

Warning Bell	8:55 AM
Block 1	9:00 AM - 10:22 AM
Break	10:22 AM - 10:26 AM
Block 2	10:26 AM - 11:48 AM
Lunch Break	11:48 AM - 12:22 PM
Warning Bell	12:22 PM
Block 3	12:27 PM - 1:49 PM
Break	1:49 - 1:53 PM
Block 4	1:53 PM - 3:15 PM



NEWS AND EVENTS

April 4



First Day of Classes after Spring Break

April 13

Grade 9 Parent Information
Meeting 7:00pm



(for students transitioning into Gr 10)

April 15

Good Friday



No School

April 18

Easter Monday



No School

April 20



FOH School Council Meeting 7:00 pm

April 22



Earth Day

April 24 - 30

National Volunteer Week



April 27

Administrative



Professionals

Day

Open for Registration

REGISTRATION IS OPEN!

We are now open for registration for the 2022-2023 school year!

We have so much to offer at Hilltop High School! From core academics, Computer Sciences and a Red Seal Chef instructed Foods program, to Media Arts, Registered Apprenticeship Program (RAP) and Work Experience. We offer students a multitude of opportunities to direct their own learning!

Options like Photography, Mechanics, Art, Drama, Cosmetology and Welding, to name a few!

A rich range of extracurricular programming including competitive sports, numerous clubs and humanitarian pursuits.

Gateway Academy—Whitecourt Campus is our outreach school offering flexible and alternative learning options to meet students' individual needs.

The 2022-2023 Registration Form, along with what is required to register, is available on our website. Any questions please contact us at 780-778-2446.

All new to Hilltop students will be required to participate in an intake meeting before registering. Please contact us to set up an appointment.

Hilltop Drama Production June 9 & 10

We are thrilled to once again be hosting the Hilltop Drama Production. A live

show written and produced by Ms. Gartner and performed by our outstanding actors/actresses.

(please note the production has been rescheduled from the original date posted on our calendar)

Tickets go on sale soon so stay tuned and save the date!



Like us on Facebook



Follow us on Twitter



Join Hilltop Remind



PowerSchool for Student Grades and Attendance



April 4, 2022

DEAR PARENTS:

On Wednesday, April 27, 2022, your teenager will be attending the **R.I.S.K** - REFLECT on the IMPACT, your SUCCESS, and what you KNOW (Previously presented as the P.A.R.T.Y. Program) program at the Town of Whitecourt shop – 3410-35 Ave (in the industrial area). The **R.I.S.K. Program** is an injury prevention program aimed at children, youth, and adults to help educate them about the consequences of poor decision-making in relation to risk-taking behaviours such as; drinking and driving, lack of seat belt use, wearing the gear – bike helmets, and others. The goal of the **R.I.S.K. program** is to provide youth with the knowledge to recognize potential injury producing situations, make prevention orientated choices, and adapt behaviours that minimize unnecessary risks.

Due to the program's content some students experience a very emotional and physical response. For student's safety we strongly encourage that:

- Students eat breakfast before they arrive
- Students dress in layers to keep cool and comfortable
- Students are encouraged to opt out at any time during the program if they are not feeling well or the content is causing them to feel overwhelmed

Students will follow the course of injury from occurrence, transport, and treatment. Students will interact with a team of professionals that include Paramedics, RCMP, Wellsprings safe, Victim services, and fire fighters.

The day will consist of:

- 9:45–11:00am Vehicle crash scenario and extrication by the RCMP, EMS and Fire department
- 11:00–11:35am Concurrent sessions EMS, Victim Services/RCMP, Wellsprings healthy relationships
- 11:40 12:15pm Pizza lunch
- 12:20 1:35pm Concurrent sessions EMS, Victim Services/RCMP, Wellsprings healthy relationships
- 1:35-2:30pm Speaker
- 2:30-2:40pm Wrap-up

Students will be supplied a pizza lunch.

The day will conclude with a challenge to the students to become individually and collectively committed to promoting behaviors and activities that minimize risk of injury.

We invite **you** to attend the **R.I.S.K. program** with your teen to see what the program is all about, if you plan on attending please RSVP to <u>courtney.koopmans@ahs.ca</u> to make sure we have enough space to accommodate everyone. If you have any questions or concerns, please feel free to call us.

Thank you to **TOWN OF WHITECOURT and all COLLABORATING SERVICES, BUISNESSES AND INDVIDUALS** for making the 2022 R.I.S.K. program possible. Thanks to the schools involved for allowing their students to attend.

Sincerely,

Tina Prodaniuk
Crime Prevention Coordinator
RCMP – Town of Whitecourt
780-778-2238

Courtney Koopmans

Health Promotion Coordinator

Alberta Health Services Courtney.koopmans@ahs.ca

Have you registered for ngpsTALK yet?



Learning for life. Together.



Dear Parents/Guardians:

We are excited to share with you our new engagement platform ngpsTALK.

Northern Gateway Public Schools is excited to introduce a new platform, ngpsTalk, where stakeholders (students, staff, parents, community members) will have the opportunity to offer ideas, feedback and stories of their experiences and thoughts regarding schools and education. It allows students, parents, staff, community members to add their voice to support the work of our schools.

In order to access the ngpsTALK platform, you must register and have a login. We are encouraging staff, students, parents, and community members to register and participate in our current and upcoming projects.

The registration process is as follows:

- 1) go to ngpstalk.ca
- 2) click the register now button
- 3) fill in the short registration form
- 4) confirm your registration through an email sent to your inbox

Once confirmation is complete you are able to log in and participate in the active engagements.

Our first engagement is titled What makes your school community shine? In the spirit of the new year, we are kicking things off with a "feel good" discussion aimed at celebrating our schools.

If you could only pick one thing, what is the one thing you would say makes your school community shine?

We look forward to sharing your submissions and celebrating each and every one of our school communities!

As part of the registration drive, we are offering prizes to those who sign up.

- 1 'Family Fun Pack' prize per school community (all parent and community registrants names are entered into the draw; not students)
- 2 Grand Prizes which are new touchscreen Chromebooks (all registrants names are entered into the draw including students)

There will be promotional material and a school newsletter article coming out in the next few days regarding this. Please watch social media for more.

Your voice is important! Register today to join the conversation - LET'S TALK!

Northern Gateway Public Schools

HAPPENINGS AT HILLTOP

Congratulations to

Dineka Elchyson on her
acceptance to Lakeland College
and signing with the Rustlers
Volleyball team! We will be
cheering you on all the way!



NEW Interactive Yearbook

CHECK THIS OUT!

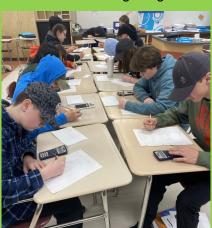
We are one of the first schools in Canada to do an interactive Yearbook with Jostens.

Students can log in with their email and upload up to 10 pictures, once the Yearbook is printed they can scan their classmates picture in the Yearbook and see the extra photos. We will also have it for school sports, an icon will appear and we can load extra pictures for any club, team or group.

All photos submitted are checked by Al and Yearbook Club. The cut off date for submitting photos is approximately one week after grad day.



Mrs. Fancey and her Grade 9 students try their hand at speed dating, math style. Students had to exchange math problems as they moved from seat to seat getting to know each other



face to face, solve each others problems under a time limit and then explain how to solve their own equations.

Ms. Properzi's students participate in Mental Math Wednesday by testing their skills in a strategic board game.



Science Chromatography Lab



Congratulations to the following students who won prizes for participating in the Career and Education Expo.

Simon Puddicombe, Aubree Sadoway, Adria Graham, Emily Hay, Aubree Mayabb, Gracie Newton-Robichaud, Gracie Hetherington, Alexandra Tremblay, Jorie Johnson, Miriam Epp and (not pictured) Alexa Rodominski, Tayla Trudzik and Brandon Trudzik



Students prepare patterns for the drama productions costumes.



VOLUME 13, ISSUE 7



FOOD TRUCK CHALLENGE

The second annual Culinary Arts Food Truck Challenge was a hit!

Chef Mercer's Gr 9 students became hypothetical food truck owners. These entrepreneurs in the making had to design their food truck theme, market their product, sell tickets, cook and serve. Customers then were able to vote on their favorite food truck. Congratulations to the winning food truck "We're All Mad Here" and to all participants on a successful event with phenomenal food. Second place went to "S Cubed", a tie for third, "Old Maries Tarts and Berries" & "Sassy Sauces", fourth place goes Snazzy McDazzy Blueberries.



VOLUME 13, ISSUE 7



ATHLETICS

Be a Charger, Take Charge!





Jr Girls Basketball



JV Boys Basketball



JV Girls Basketball



Sr Girls Basketball

Sr Boys Basketball

Big thanks to Carbonex for graciously sponsoring the Jr Girls team hoodies! We appreciate your support!





HILLTOP BISTRO



April Menu

All specials/ daily soups are subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Bistro Closed
4	5	6	7	8
Chicken Caesar Salad w/ Garlic Toast	Spaghetti w/ Meat Sauce	Grilled Cheese w/ Soup or Salad	BBQ Chicken on a Bun w/ Soup or Salad	Pizza Day
Soup: Tomato Macaroni	Soup: Cream of Celery	Soup: Chicken Rice	Soup: Hamburger	PIZZA
11	12	13	14	15
Ranch Salad w/ Chicken Fingers	Fettucine Alfredo w/ Toast and Salad	Soft Taco w/ Soup or Salad	Hamburgers w/ Soup or Salad	Bistro Closed
Soup: Tomato Rice	Soup: Beef Barley	Soup: Chicken Noodle	Soup: Cream of Tomato	
18	19	20	21	22
Bistro Closed	Macaroni & Cheese w/ Garlic Toast or	Shepherd's Pie w/ Soup or Salad	Hot Dogs w/ Soup or Salad	Pizza Buns w/ Soup or Salad
	Soup: Cream of	Soup: Tomato Macaroni	Soup: Chicken Noodle	Soup: Cream of Celery
25	26	27	28	29
Sweet and Sour Meatballs w/ Rice	Fried Egg and Cheese	Taco in a Bag w/ Soup or Salad	Roast Beef w/ Mashed Potatoes and Gravy	Pancakes w/ Sausage and Eggs
Soup: Chicken Noodle	Soup: Tomato Macaroni	Soup: Cheddar Broccoli	Soup: Chicken Rice	Soup: Beef Barley



Indigenous News

First Nations, Metis and Inuit

Submitted by Indigenous Liaison, Mrs. Jody Smith-Tomke

I am very proud of our students who attended the Indigenous Youth Rising Conference, sponsored by MacEwan University, here at Hilltop High School. Your representation is very important for our culture, not only to have a voice but to show your pride in our heritage. You are leaders, and may you continue to be warriors in the years to come.

Hilltop High School students and staff are supporting Ukraine through different fundraising efforts this month. The funds will be donated through the Red Cross, and everyone is encouraged to participate. Indigenous people have shown solidarity with Ukrainians during the ongoing Russian invasion. This strong connection of the two cultures began years ago when the Ukrainians came to Canada to settle in lands unknown to them. Over the years this relationship has continued through shared struggles as both cultures were subjected to the attempts made by government decisions to eradicate their language and culture. We share many similarities now such as; the Kookum scarves, the beauty of beading, braiding, and embroidery. The celebration of dance, drums and rhythm is also a commonality the two cultures shared and exchanged. May the people of Ukraine persevere and rise above the attempts of the Russian President to invade their country.

Hiy Hiy, Ish Nish

FF- CAMPUS EDUCATION



RAP Student: Industrial Mechanic (Millwright)

Alberta Newsprint Company (ANC), a joint venture of the Stem Group and West Fraser Timber Company Ltd., is a leading manufacturer of premium paper products. Located in Whitecourt, and operating with a non-unionized workforce, he firm's paper mill—the first in Alberta—produces paper of such high quality that it has become the standard by which other paper products manufactured in Canada are measured. The company is a successful, well-financed, progressive organization that is regarded as one the best companies in the paper industry.

ANC is looking for students interested in this exciting Registered Apprenticeship Program (RAP) opportunity. The RAP Program allows students to get a head-start on their careers by earning experience and hours while in high school.

To be eligible, you must be a student local to Whitecourt (including Mayerthorpe, Fox Creek and Swan Hills), in Grade 10 or 11, and looking to pursue a job in the trades after high school. Safety is of utmost importance at ANC, so having a strong safety mindset is required.

Students must also have their own reliable transportation to and from the ANC Mill site

Industrial Mechanic (Millwright)

Term: From May 2022 to May 2023 / 2024
Install, maintain, repair and troubleshoot stationary industrial machinery and mechanical equipment with the supervision of a team of millwrights, including:

- Instain, inaution, regular and routopersolocation and industrial mainteninery and mechanical equipment with the supervision of a team of milwrights, including:

 Pumps
 Screw Conveyors
 Bett Conveyors
 Refiners
 Paper Machine Equipment
 Beatrings
 Fans
 Engines
 Plus, may have exposure to:
 Reading diagrams and schematic drawings and service manuals to determine procedures
 Fitting bearings, aligning gears and shafts, attaching motors and connecting couplings and belts to precise tolerances
 Repairing or replacing defective parts

DEADLINE TO APPLY IS APRIL 5, 2022.

If you have questions about the roles, please contact Charity Vollmann at CAREERS: The Next Generation Email: cvollmann@nextgen.org

IRTUAL SESSIONS

TAKE ON THE FUTURE AND LEARN FROM ALBERTA INDUSTRY EXPERTS

April 5 • Service Trades

April 20 • Pipe Trades

May 10 • Information and Communications Technology

May 17 • All Opportunities/Summer Internships



events@nextgen.org 1.888.757.7172





RAP STARS

(Registered Apprenticeship Program)

Congratulations to Kavan Osborne who has recently secured a RAP position as a Heavy **Equipment Technician with** Alberta Newsprint Company.



FORTIS ALBERTA

Student Apprentice Power Line Technician

Job Specification:

Sou Specification:
In partnership with CAREERS: The Next Generation, Fortis Alberta is seeking summer students who have successfully completed Grade 10 or 11 to enter the Registered Apprenticeship Program (RAP) in the Power Line Technician trade for summer employment.

- Assist Qualified Utility Employee with construction, repairs and maintenance of overhead and underground distribution systems
- Receive work order instructions
- Understand and follow company and regulatory safety regulations and procedures and work to a high level of safety

 Accountable for safe work practices applicable to the job

- Contribute towards building a strong team
 Provide service at a level that insures FortisAlberta is the customers operator of choice

- Demonstrate communication (verbal and written), interpersonal and team skills
- Self starter with the ability to work in a team environment

- Offisiance with the abunity of work in a team introvionient.

 Gapable of working outside in a highly physical environment in any weather conditions Required to have a minimum valid class 5 drivers license (successful candidate will be required to submit a current copy of their drivers license and a drivers abstract)

Knowledge and Experience Requirements:

- Successfully completed the grade they were attending (Grade 10 or 11)

 Definite interest in the electrical trade expressed and demonstrated

 Experience in the electrical technical field or related field construction considered an asset

Special Conditions

- Must be willing to learn the basic skills of climbing wooden poles
- Could be required to travel and work away from home if work load dictates Must provide proof of full COVID-19 vaccination

Please note that this is intended as a summer position.

Applications will be considered in areas of highest need and on a first come first reviewed basis

Get your application in early – including your CAREERS RAP Application Form with Resume & Cover

Interviews will be done for summer RAP positions throughout May
Deadline for application, the first Friday in May.
Apply through your schools RAP coordinator who should then contact the local CAREERS Program
Coodinator.

CAREERS

Student Apprentice Recreation Vehicle Service Technician

Job Spectrication:
Stone RV, in partnership with CAREERS, is seeking two high school students who have successfully completed Grade 10 and are 15 years or older to enter the Registered Apprenticeship Program (RAP) in the Recreational Vehicle Service Technicaln trade for immediate employment. Stone RV is located in Whitecourt.

- Examine, troubleshoot and diagnose units needing repairs and/or maintenance
 Use testing equipment, troubleshooting techniques, manufactures' specifications, and internet websites to
- assist at locating faults and performing repairs
 Entry Level Recreation Vehicle Technician duties including plumbing, mechanical, carpentry, appliance
- diagnostic's and repairs, metal work, electrical and various other tasks.
- Understand and follow company and regulatory safety regulations and work to a high level of safety

Special Skill Requirements:

- Preferred to have a class 5 driver's license
 Self-starter with the ability to work in a team environment
- Willing and able to learn, adapt to change and demonstrate flexibility

- Knowledge and Experience Requirements:

 Successfully completed the grade they were attending (Grade 10)

 No experience necessary but a willingness to learn and have an interest in the trade.

Why work for Stone RV:

- \$16.00 per hour to start
- Potential employment after RAP
 Tuition and books will be paid for by the employer upon technical training

- Must be willing to learn the basic skills of Recreational Vehicle Technician
 Completion of HCS 3000 (HCS 3010 is optional)
- Must be registered as a high school student

Application Deadline- March 25, 2022 with Interviews being held the week of March 27, 2022

- Check out what an RV Technician does! https://bit.ly/34nrACH

- Retry our application in early
 Apply through your school's Off Campus Coordinator
 Complete the CAREERS Application Form [https://bit.lw/3riXCGW] with your Resume & Cover Letter.
 Questions? Contact CAREERS Program Coordinator: Charity Vollmann, 403-443-8161, cvollmann@nextgen.org

Alberta Apprenticeship and Industry Training

TRADE ENTRANCE REQUIREMENTS



MINIMUM REQUIREMENTS

Successful completion of the following courses:

▼ English 10-2

Educational Development (GED) tests

RECOMMENDED PATH

Alberta High School Diploma that includes the following courses:

Related Career and Technology Studies (CTS)

☐ English 20-2 Math 20-3

Science 10

A pass mark in all five Canadian General Educational Development (GED) tests

Entrance Exam

O English 10-2

EGOF OR

Baker

Barber

Entrance Exam

English 30-2 Math 30-3

Physics 30 **OR** Chemistry 30 **OR** Science 30 Related Career and Technology Studies

(CTS) courses

Physics 20 OR Chemistry 20 OR Science 20 Related Career and Technology Studies (CTS)

CATEGORY

Bricklayer Cabinetmaker

Carpenter

Concrete Finisher

Cook

Crane and Hoisting Equipment Operator

Floor Covering Installer

Glazier

Hairstylist

Insulator (Heat and Frost)

Ironworker

Lather (Interior Systems

Mechanic)

Locksmith

Metal Fabricator (Fitter)

Painter and Decorator

Parts Technician

Water Well Driller

Welder

CATEGORY

Agricultural Equipment Technician

Appliance Service Technician

Automotive Service Technician

Boilermaker

Communication Technician

Electric Motor Systems Technician

Electrician

Elevator Constructor

Gasfitter

Heavy Equipment Technician

Industrial Mechanic (Millwright)

Motorcycle Mechanic

Natural Gas Compression Technician

Plumber

Power System Electrician

Powerline Technician

Sheet Metal Worker

Sprinkler Systems Installer

Steamfitter-Pipefitter

Transport Refrigeration Technician

Auto Body Technician

Landscape Horticulturist

Outdoor Power Equipment

Technician

Recreation Vehicle Service

Technician

***** CATEGORY

Roofer

Instrumentation and Control Technician

Refrigeration and Air Conditioning Mechanic

*See the individual trades on tradesecrets.alberta.ca for Category D trade entrance requirements.

Equivalencies will be considered for entrance requirements.

If you have an existing trade certificate, it can serve as your entrance requirement when registering in an additional trade.

tradesecrets.alberta.ca





GRAD NEWS

Grad 2022 Remind

Parents and students please sign up to receive important reminders regarding Grad 2022 via text message.

Text the message @hthgrad22 to the number (587) 316-7407

Important Days to Remember

Hilltop High School's 55th Graduation Ceremony Thursday, June 30, 2022 at 1:00 pm

Grad Application Part 1

Due April 21

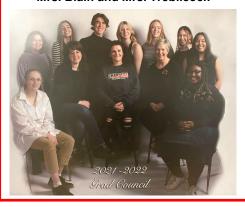
Grad Application Part 2 **Due May 31**

Grad applications can be found on the following pages

Grad Council 2022

Ally Ann Romanchuk - President
Jencel Diaz - Vice President
Dineka Elchyson - Treasurer
Kate Mullin - Secretary
Eric Davidson - Public Relations
Miriam Epp - Yearbook Liaison
Rebecca Birtles - Council Member
Jorie Johnson - Council Member
Micah Ottley - Council Member

Staff Advisors: Mrs. Van De Kerckhove, Mrs. Blain and Mrs. Trebilcock



Winning Grad Song and Quote

Quote

"Life moves pretty fast. If you don't stop and look around once in a while, you could miss it." – Ferris Bueller, Ferris Bueller's Day Off

Song

"The Nights" - Avicci



Support the Class of 2022! \$2.50 per slice

Hawaiian, Pepperoni and Cheese

All proceeds go to grad council

SPRING FORMAL

Friday, May 13 7:00 pm - 10:30 pm

Doors open at 6:30 pm

Tickets are \$10.00 each

Tickets go on sale April 26 & 27

Masquerade Theme

Semi-Formal

(no heels in gymnasium)





Support the Class of 2022!



Please support the Class of 2022 and Grad Council's

fundraising efforts by donating your empty bottles/cans to the Whitecourt Bottle Depot.

Just mention they are for Hilltop High School's graduating class of 2022 when you drop them off.





Form Submission Deadline: on or before April 21, 2022

Participation in the Graduation Ceremonies is a privilege, not a right. In order to be part of the celebration on Thursday, June 30, 2022, you must complete TWO forms. Part 1: Due April 21, 2022.....Part 2: Due May 31, 2022

All students intending to participate in the graduation ceremony on June 30, 2022, must complete this form (PART 1) to be put on the initial grad list. This form MUST be turned in to Mrs Trebilcock in Student Services on or before April 21, 2021.

1.	Full Name:		
2.	Phone Number:	1 18	
3.	Participation in Graduation Cere		(home phone) us grad memorabilia, a cheque for
ASA costs	Pay Grad Fees to Mrs Runge - y cash, debit or cheque (made out P, BUT you will be reimbursed if y can be reimbursed through the IGA Groots ds of Hilltop Parent Council.	to Hilltop Grad) ou do not gradu	ate. Grad Fees and other grad related
<u>Wha</u>	t are your fees for???		
Pure	chase of Cap & Gown\$26	Keepsake.	\$10
Adv	rertising\$10 Misc\$4	Decoration	s, Programs, etc \$5
Phot	tos of the Day (handshake, class o	ap & gown, cla	ss formal) \$30
		TOTAL \$85	
Mrs. R	Runge's Signature		TURN OVER





Have you:

- 5. Completed the "Hilltop High Grad 2022 Ceremony Biography" form. Have Mrs. Bezushko sign below.
- 6. Emailed ONE baby and ONE early teen picture to jessica.bezushko@ngps.ca *******Your photos MUST be in digital format.

Mrs.	Bezushko's signature:	
------	-----------------------	--

Return form to Mrs. Trebilcock in Student Services. Thank you!





Form Submission Deadline: on or before May 31, 2022

Participation in the Graduation Ceremonies is a privilege, not a right. In order to be part of the celebration on Thursday, June 30, 2022, you must complete TWO forms. Part 1: Due April 21, 2022.....Part 2: Due May 31, 2022

This second form will ensure you have met the requirements for graduation. Please be sure to read through the graduation policy so that you are not caught by surprise and all graduation requirements are met. This form MUST be turned in to Mrs Trebilcock in Student Services, on or before Tuesday, May 31, 2022.

Full Name:	
Phone number:(personal)	(house)
(Mrs. Kurasevich) must be returne final graduation list. Please have	te (Mrs Runge) and library and text books ed or paid for prior to being placed on the them sign below indicating you have no s.
Mrs Runge (school fees)	Mrs Kurasevich (library & textbooks)
Do you plan to attend the gradua 2022?	tion ceremonies on Thursday, June 30th,
	Phone number:





	Signatures (required)		
St	udent Signature	Date	
Pa	rent Signature	Date	
6.	Final Confirmation of Program To verify that you have a plan in place to earn a required course leading to an Alberta High Sch with Mrs Trebilcock for your second One-on-O	ol diploma, you must meet AC	
	Mrs T's initials Date:		

After all signatures are completed, hand this form back to Mrs Trebilcock in Student Services.



Cooking with Chef Mercer

and her fabulous students

Gateau St. Honore

Ingredients

• 375 g frozen block puff pastry, thawed, and cut into a circle using the bottom of the cheesecake pan as a template.

Just in time for Easter!

Hilltop staff sampled, approved and recommended!

Vanilla Pastry Cream

- 3 large egg yolks
- 6 tablespoons sugar
- 3 tbsp + 2 teaspoons cornstarch
- 1+½ cups whole milk
- 2 tsp pure vanilla extract

Procedure

- 1. To start the pastry cream, first secure the bowl in place, by using a damp cloth underneath the bowl. With a sturdy whisk, combine the egg yolks and sugar. Add the cornstarch and whisk until well blended and light in color.
- Heat the milk and vanilla over medium heat and bring the mixture just to the boiling point.
 Temper the egg mixture, by adding the hot liquid a bit at a time, while continuously whisking.
- 4. Transfer the mixture back into a <u>dean pot</u> over medium-low heat. At this point, it is important to whisk constantly, until the mixture thickens and bubbles.
- 5. Make sure to get the whisk right into the corners of the pot so everything cooks evenly and the bottom doesn't scorch.
- 6. Once the mixture has clearly thickened and has started to bubble, whisk continuously for about another minute to cook out the cornstarch.
- 7. Pour the pastry cream into a stainless-steel bowl and place to cool. Stir a few times to quickly bring down the temperature and once cool, cover the surface of the pastry cream with plastic wrap to prevent a skin from forming.
- 8. Place the pastry cream into the refrigerator to chill completely.

Choux pastry

- 100 g unsalted butter, chopped, at room temperature
- 250 ml (1 cup) water
- 150 g (1 cup) plain flour, sifted
- 4 eggs

Procedure:

- 1. Preheat oven to 220°C
- 2. Place water and butter in a large saucepan over medium heat and bring to just below boiling point.
- 3. Remove from heat, then, working quickly to avoid lumps, add all the flour, beating with a wooden spoon. Return pan to medium heat and cook, stirring, for 1 minute or until mixture forms a ball and comes away from the side of the pan. Remove from heat and allow to cool slightly.
- 4. Beat in eggs one at a time, mixing well before each addition. Pastry should be smooth, soft and just firm. Set aside.
- 5. Grease and line 2 oven trays with baking paper. Roll out puff pastry on a lightly floured work surface to a and cut to the size of the cheesecake base.
- 6. Transfer to one of the prepared trays and prick all over with a fork.
- 7. Place choux pastry into a piping bag fitted with a 1½ cm plain nozzle.
- 8. Pipe three circles onto pastry disc, starting on the edge and working towards the centre, leaving a gap between each concentric circle.
- 9. Use the bottom of the soup can to trace circles on the other bake sheet, use those as a guide for the next part. 10. Pipe remaining choux paste, using the little circles on the other piece of parchment. Brush each with a little
- 11. Place both pastry base and profiteroles in oven and bake for 10 minutes or until golden, then reduce heat to 180° C and bake base for a further 45 minutes and profiteroles for a further 25 minutes or until dry. After removing profiteroles from oven, cut a small hole in each base to allow steam to escape. Transfer pastry base and profiteroles to wire racks and set aside to cool completely.



Cooking with Chef Mercer

and her fabulous students

Gateau St. Honore

Chantilly cream

- 300 ml whipping cream
- 2 tbsp sugar
- ½ tsp vanilla extract
- Caramel sauce will be made by teacher, and use what is needed and put back on the table.
- Raspberry coulis will be made by instructor and use what you need.
- You will need chocolate, and a peeler in order for you to garnish your pastry.

PROCEDURE:

1. Make Chantilly cream, whisk cream until soft peaks form. Add the sugar and vanilla then mix to stiff peaks. Refrigerate until needed.

2. Reserving ¼ cup of the vanilla pastry cream, and place the remainder into a piping bag fitted with a 1 cm plain nozzle and fill the 12 best-looking profiteroles.

3. Working quickly and carefully, dip top of one filled profiterole into hot caramel, allowing excess to drip off, then set aside. Repeat with remaining 11 profiteroles and caramel.

To assemble gâteau

- Spread reserved crème pâtissière around edge of cooled pastry base and place a little in the centre.
- Arrange 11 profiteroles, caramel-side up, around pastry edge and leaving a 1 cm gap between each, then place 1
 in centre.
- Place Chantilly cream in a piping bag fitted with a 2 cm fluted nozzle, then pipe cream around centre profiterole and in between profiteroles around edge.
- Shave chocolate using a peeler on top of the gateau, and then drizzle with the raspberry coulis.
- Cut gâteau into slices and serve immediately with extra raspberry coulis

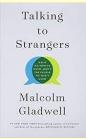


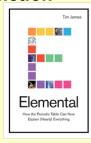


Learning Commons News

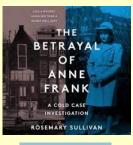
Click on the link below the image for more information or to reserve a book.

NEW Nonfiction









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THE DARK BETWEEN LOVE HER

NEW Poetry

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NEW Fiction



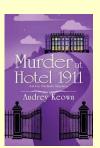
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Reminder

If you haven't returned your textbooks and/or class novels from the last semester they are now overdue.

Please return them as soon as possible.

Thank you!

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Gateway Academy - Whitecourt Campus News

(formerly called Storefront)
Phone: 780 - 778 - 5865 Fax: 780-778-5683

Text: 780-779-1193

SCHOOL HOURS

(*Breaks: 10-10:15 Lunch 11:30-12:30) Monday: 8:30 am to 3:00 pm Tuesday: 8:30 am to 3:00 pm Wednesday: 8:30 am to 7:00 pm Thursday: 8:30 am to 3:00 pm

Friday: No School





What is Gateway Academy?

Gateway Academy is Hilltop High School's Outreach program. Our alternative educational setting is designed for students that are unable to, or do not wish to, attend a traditional high school program. We offer programming for Grades 9 through 12. The program is based on Alberta Education's curriculum and students receive credit towards their high school diploma as they would in the regular program.

We offer a nurturing environment that supports not only academic development but emotional, social and intellectual growth.

We offer:

- A flexible schedule where students can drop in to receive individualized tutorials;
- A quiet, welcoming learning environment;
- Individualized independent learning;
- In person and/or online one on one tutorials with the subject teacher;
- Personal Support (including access to counselling with a psychologist from Canniff & Associates);
- Staff mentorship to aid in planning high school courses and school-career transitions.

Staff members for the 2021/2022 School Year are:

Maureen Kendall - Outreach Coordinator/English & Options Teacher

Contact: maureen.kendall@ngps.ca
Petra Lewis - Math/Science Teacher
Contact: petra.lewis@ngps.ca
Kevin Babiuk - Social/Learning Strategies

Contact: kevin.babiuk@ngps.ca
Tammy Johnson - Administration Assistant
Contact: tammy.johnson@ngps.ca
Candace Halvorson - Educational Assistant
Contact: candace.halvorson@ngps.ca

Friends of Hilltop Parent Council 2021-2022 Friends of Hilltop Council Members

Earn 5% profit on your regular grocery shopping at IGA!!

NEXT MEETING: April 20 at 7:00 pm

**At this time Friends of Hilltop cannot offer a Breakfast Program. Please stay tuned in the future for more information.

You can continue to **EARN MONEY** to pay for your student's school fees, grad garb, school sports and even school trips. Take advantage of the **IGA gift card**s sold by Friends of Hilltop Parent Council.

When you purchase grocery vouchers from the Remax Office or at the school --5% of your purchase is placed in an account just for you. It just stays there until you need to access these funds to pay for any variety of school related expenses.

IGA voucher cards are the **ONLY** fundraiser for Friends of Hilltop, other than bottle recycling to fund our Breakfast Program. Please call the office for more details.



Earn 5% profit grocery shopping at IGA and support Hilltop High School's Friends of Hilltop Parent Council.

EARN MONEY to pay for your student's school fees, grad garb, school sports and even school trips. When you purchase IGA grocery vouchers from the Remax office or at Hilltop's front office, 5% of your purchase is placed in an account just for you. It stays there until you need to access these funds to pay for any variety of school related expenses. Stop by or call the office for more details on how to sign up.







Mrs. Van De Kerckhove

Student Services Newsletter

Our Student Services Team works diligently to support our student's social, emotional, career and academic needs. Opportunities for students are communicated through weekly announcements, newsletters and through Hilltop's Social Media. Students are invited to drop into our Student Services area for support or to see Ms. Trebilcock or Mrs. Smith - Tomke for an appointment.

RAP - Registered Apprenticeship Program

If you are interested in a RAP position and would like to find out more information, or are an employer wanting to hire a RAP student, please contact Mrs. Van De Kerckhove in the front office.



Are you undecided about a career? One of the best web sites for Career

Planning, Education and Employment is www.alis.gov.ab.ca. It also includes information on financial assistance.

Former Hilltop students looking for transcripts will need to sign up for MyPass. (See instructions below) Students needing their Alberta Student Numbers should contact Alberta Education directly at 310-0000 or online at learnerregistry.ae.alberta.ca.



MYPASS.ALBERTA.CA

To access your records after writing a diploma, you will need to have a myPass.alberta.ca account established.

GRADE 12 STUDENTS MUST SIGN UP FOR MyPass

*Alberta Education has decided that Diploma results will only be available via your MyPass account. *The school cannot create your account on your behalf.

How to sign-up:

- 1. Go to mypass.alberta.ca
- 2. Create a login using "Sign me up, I'm new!" Do not use your @ngps.ca email. A confirmation link will be sent to your
- 3. Click on the confirmation link in your inbox. Confirm your birthdate and Alberta Student Number. You can find your ASN at https://extranetapp.learning.gov.ab.ca/ learnerRegistry/forms/
- 4. Using a button on the subsequent screen, request that a secure verification code be mailed to your home via post. It should arrive within two weeks.
- 5. Upon receipt in the mail, login and enter the code. It will expire. Act promptly.
- 6. You will now have access to all of your academic records.

Scholarship Opportunities

Please visit **hilltophigh.ca** > Graduation/ Scholarships > Scholarships and Bursaries for a full list of all the available scholarship opportunities for graduating students.



Work Experience

Many students have signed up for work experience but have not yet handed in the paperwork needed to get them started. If you have not already done so, please hand in the signed Off Campus Agreement and the Parent

Permission form. As well, be sure to hand in signed hour sheets at the end of each month. See Mrs. Trebilcock for more information.

If you are you a student who is currently employed? Have you signed up for work experience? You can earn up to 15 credits towards your high school diploma. Completion of HCS 3000 course modules is mandatory.



Resources:

Distress Line 780-482-4357

Paperwork

DUE

Mental Health Help Line

1-877-303-2642

Kids Help Phone

1-800-668-6868 or text 686-868

Sexual Assault Services/CASASC 24HR Crisis Line 1-866-956-1099

Alberta OneLine 1-866-403-8000

Call 211, an essential phone service that helps Albertans find the right resource or service for whatever issue they need help with, at the right time.

CALMING CHILDREN DURING A GLOBAL CRISIS

Unless you have been residing under a rock or on an island with zero contact with the rest of the planet, it is safe to say that you and your family have been inundated with disturbing news around the world. On social media, in classrooms and the playground, children are hearing about traumatizing circumstances around the globe. How do we answer their inquisitive questions? How much information should we share? Do we say anything at all?

"Speak to what's actionable to help put your child's mind at ease," says Dr. Beth Oller, a family physician in Stockton, KS. Oller further clarifies, "With younger kids, speak simply and avoid discussing scary topics in detail. With adolescents, honesty is the best policy. Always be transparent."

"Children should be **encouraged to ask questions** but to continue with their daily routines of schoolwork, play and bedtime," says Dr. Jessica Griffin, a child psychologist and executive director of the Child Trauma Training Center at the UMass Chan Medical School in Worcester, MA. Griffin explains that, "routines can send signals to the brain that children are safe. Routines are calming for children in anxiety-provoking situations."

Set a good example for your children by managing your stress through healthy lifestyle choices, such as eating healthy, exercising regularly, getting plenty of sleep, avoiding drugs/alcohol, and not over consuming social media/news. When you are prepared, rested, and relaxed you can respond better to disturbing events and can make decisions in the best interest of your family.

"For children under the age of 7, it might just be acknowledging that something is happening in other parts of the world and asking something like, 'Have you heard anything?' Take the child's lead," said Janine Domingues, a clinical psychologist at the nonprofit Child Mind Institute in New York. "Overall, just **provide reassurance**, that this is what we know right now. Let them know you don't know all the answers but here are some places we can go," Domingues said.

Children, young and old, have common worries when it comes to war, crisis and trauma even if they do not verbalize it: Am I safe? Are the people taking care of me safe? How will this affect my day-to-day life? Dr. Gene Beresin, executive director for The Clay Center for Young Healthy Minds at Massachusetts General Hospital in Boston tells us that "children know things are troubled. They know things are problematic. They may ask you if you're worried. And frankly, you got to be honest. You can say, 'Yes, I am, but we can manage this. We can get through this.' I would indulge them a little bit."

The recurring message, regardless of a child's age, is to be <u>honest</u>, <u>unplug</u> from screens altogether for a while and give the young people in your life <u>extra tender loving care</u>. We all need the reassurance

that we are brave and will look after each other no matter what.



Sources: The Associated Press

https://www.cdc.gov/childrenindisasters/helping-children-cope.html

 $\underline{\text{https://www.theguardian.com/world/2022/mar/04/reassure-children-about-russia-ukraine-war-with-resilience-tales-say-experts}$

https://abcnews.go.com/Lifestyle/wireStory/honesty-reassurance-talk-kids-ukraine-83109979

This article was submitted by Tammy Charko BA, BSW, RSW. Tammy is Northern Gateway Public School's Student Support Facilitator. She is a support for schools, students, parents and caregivers to promote success in school. Tammy advocates for students and families and has been a Registered Social Worker for more than 20 years. She is a mother to 3 teenagers and 1 young adult.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ą	April 2022		Happy Easter!		1 April Fools Day	2
က	4 Day 1 First Day of Classes Following Spring Break Diploma Exams Eng 30-1 Part A 9:00am Eng 30-2 Part A 9:00am	5 Day 2 Diploma Exams Social 30-1 Part A 9:00am Social 30-2 Part A 9:00am	6 FLEX Day 2 English/Science/Other Diploma Exams Eng 30-1 Part B 9:00am Eng 30-2 Part B 9:00am	7 Day 1 Diploma Exams Social 30-1 Part B 9:00am Social 30-2 Part B 9:00am	8 Diploma Exams Math 30-1 Math 30-2 9:00 am Diploma Exams Biology 30 1:00pm	o o
10	11 Day 1 Diploma Exams Chemistry 30 9:00am Diploma Exams Science 30 1:00pm	12 Day 2 Diploma Exams Physics 30 9:00 am	13 Day 1	14 Day 2 Grade 9 Parent Information Meeting 7:00 pm (For students transitioning to Gr 10)	15 Good Friday – No School	91
17 Easter Sunday	18 Easter Monday – No School	19 Day 1	20 FLEX Day 1 Math/Social/Other Friends of Hilltop School Council Meeting 7:00 pm	21 Day 2	22 Day 1 Earth Day	23 World Book Day
24 National Volunteer Week	25 Day 2	26 Day 1	27 Day 2 Administrative Professionals Day	28 Day 1	29 Day 2	30





GALLERY



JV Girls Basketball team walk the Coldest Night of the Year fundraiser



Mrs. Keay and Ms. Zack take their Oh Canada singing very seriously!



Mr. Button's students learn about distance while they map out the school with meter sticks.



Students partake in the Youth Indigenous Conference





Jeffer in his happy place!



Hardworking students at Eastlink Park



Hilltop Media photographs Payton!



Athletes Cohen and Ally play badminton.



Badminton Begins!



Basketball season wraps up



Career Expo winners!



The Christmas Hamper organization thanks our student volunteers



Grad Cake Auction Doughnut Cake



Grilled Cheese

Day

Hilltop supports Ukraine!



Keaton Pearce is the trivia contest winner